



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY
MAY-AUGUST 2018

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU4333

COURSE TITLE: INTRODUCTION TO HUMAN SEXUALITY

EXAM DATE: THURSDAY 9TH AUGUST 2018

TIME: 9:00AM-12:00PM

INSTRUCTIONS

- Write your **student number** on the answer booklet provided.
- Read the questions carefully before attempting.
- This exam script consists of Five **(5)** questions.
- **Answer Question 1 and any other TWO in section B.**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY

Question 1

Wakanyi, raised in a small rural village in central province sought the help of a marriage and family therapist because her marriage was in trouble over what she described as “bedroom affairs.” She reported that she had received no instruction regarding male-female sexual interaction until two weeks before she was to be married. At the point, her mother took her aside and lovingly and caringly communicated three basic warnings: The honeymoon would be awful. She should expect to feel very tired “Don’t let him use you.” She confided to the therapist that she feels a lot of pain, conflicted, and used, all the time, “when making love with her husband” and this has resulted in a lot of fights in their marriage about almost everything.

Questions

- i. Analyze the concept of “readiness for sex” in relation to the case of above. (4mks).
- ii. Explain any two psychological issues Wakanyi would be struggling with. (4mks)
- iii. Describe how you could use Cognitive behavioral therapy to help Wakanyi. (4mks)
- iv. Justify any three sexual disorders that Wakanyi might be suffering from. (6mks)
- v. Explore one reason for anxieties around sexual language in therapy. (2mks).
- vi). Discuss any two ethical issues to observe when counseling Wakanyi. (4mks).
- vii. Explore any two disempowering beliefs about female sexuality in the:
 - a) African culture (4mks).
 - b) The church (4mk)

SECTIONN B: Attempt any Two Questions.

2. a) Briefly explain the statement that *sexuality is complex, multidisciplinary and multifaceted*.(3mks)
 - b) Explore any two female intimacy fears. (4mks)
 - c) Discuss the female sexual response cycle according to Masters & Jonson. (8mks)
3. Discuss adolescence sexuality under the following subheadings:
 - a) Biological/ physical changes (5mks)
 - b) Religion and its impact on sexuality. (5mks)
 - c) Sexual behaviors in adolescence (5mks).
4. a) Relate the impact of middle age to sexuality in women. (5mks).
 - b) Analyze any three characteristics of sex addiction. (5mks)
 - c) Critique the sensate focus exercises as a therapeutic technique in sex therapy. (5mks).
5. a) Distinguish between sexual gender identity disorders and sexual orientations. (4mks).
 - c) Briefly analyze the dilemma of hormone therapy in sexuality. (4mks)
 - d) Explore any three myths of infidelity and their relationship to attachment injury. (6mks).