



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER FOR THE DEGREE OF MASTER OF ARTS
IN MARRIAGE AND FAMILY THERAPY

SEPTEMBER-DECEMBER 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT600

COURSE TITLE: MULTICULTURAL FAMILY THERAPY

EXAM DATE: TUESDAY 4TH DECEMBER 2018

DURATION: 3 HOURS

TIME: 9:00 AM TO 12:00 NOON

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer question 1 and any other TWO questions**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (40 MARKS)

QUESTION 1

- a) Explain the following:
 - Gender role (2 marks)
 - Verbal and nonverbal language (2 marks)
- b) State any two therapeutic interventions/approach to LGBT families (4 marks)
- c) Distinguish between the terms spirituality and religion and state how the two affect mental health (4 marks)
- d) Outline two ways a client's worldview is critical to a marriage and family therapist (4 marks)
- e) Discuss two ways a marriage and family therapist should approach cultural diversity in their therapeutic practice (4 marks)

QUESTION 2

- a) Explain two challenges persons with physical disability bring to the therapeutic relationship (4 marks)
- b) Describe two ways the Kenyan Government has used in an effort to mitigate on tribal animosity amongst her communities (4 marks)
- c) Outline the three competencies to multicultural therapy as stated by Arredondo et al., (1996) (6 marks)
- d) Illustrate in two ways how race is a powerful organizing principle that ascribes others power while subjugating others and state how this might affect therapy (6 marks)

SECTION B: ANSWER ANY THREE QUESTIONS (60 MARKS)

QUESTION 3

- a) Describe two challenges a multicultural therapist is likely to encounter in classifying pathology (4 marks)
- b) Contrast between advantages and disadvantages of labeling (4 marks)
- c) Write a one paragraph discourse for or against the view that homosexuality is a mental illness (6 marks)

- d) Discuss any two reasons Kenya has experienced an upsurge of diverse populations compared to the past and show how this has realigned marriage and family therapy (6 marks)

QUESTION 4

- a) Explain two ways people's attitudes and beliefs are shaped by race (4 marks)
- b) Discuss how gay and lesbian persons experience discrimination just like people in a foreign country (4 marks)
- c) Family therapists are considered relationship experts and play a pivotal role whenever relationships exist. Illustrate in three ways this is so (6 marks)
- d) Views on aging differ from culture to culture. Contrast between European and African view of aging and state how this could pose a challenge to a therapist (6 marks)

QUESTION 5

- a) Outline two ways oppression can precipitate individual and family dysfunction (4 marks)
- b) Explain in two ways the view that gender is not something one is but something they do (4 marks)
- c) Illustrate in three ways how being familiar with the scope of challenges faced by families who are homeless better prepares a therapist (6 marks)
- d) Discuss three ways spirituality can be used as an intervention in therapy (6 marks)

QUESTION 6

- a) Explain two ways cultural diversity is a strength to a therapist (4 marks)
- b) Discuss two views of the structures a school counsellor needs to understand when dealing with a foreign student (4 marks)

- c) Outline three challenges a therapist needs to be familiar with when dealing with the elderly population (6 marks)
- d) Write a one paragraph discourse on the form of family entitled: Monogamous blended family (6 marks)