



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF THEOLOGY

**END OF TRIMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COMMUNICATION**

BACHELOR OF BUSINESS LEADERSHIP

BACHELOR OF ARTS IN BIBLE & THEOLOGY

BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY

BACHELOR OF COMMERCE

JANUARY-APRIL 2023

CAMPUS: ROYSAMBU

DEPARTMENT: BIBLICAL AND THEOLOGICAL STUDIES

COURSE CODE: UCC101

COURSE TITLE: SPIRITUAL FORMATION

EXAM DATE: APRIL 2023

TIME:

TIME ALLOWED: 3HRS

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet.
- Section A is compulsory.
- Answer ANY TWO questions in Section B.
- Unmarked Bibles will be provided.
- *PAC University examination regulations apply.*

Section A: Answer ALL Questions (20 marks)

1. Many believers consider spiritual disciplines as an exercise of experts and spiritual giants.

a) Explain the significance of practising spiritual disciplines in the life of every individual believer. Give scriptural references to support your answers. (5 marks)

- i) To cultivate a closer deeper relationship with God. (I Cor. 2:2, 12; Eph 1:17; Phil. 3:10; Col. 2:2, 3)
- ii) To be transformed into the likeness of Christ (2 Cor. 3: 18; Rom. 8; 29; 12:2)
- iii) To be liberated (set free) - I Cor. 6:12; John 8:34-36; Rom. 6:18; 8:1,2; Gal. 5:1)
- iv) To become better representatives as ambassadors of Christ (2 Cor. 5:17-21).
- v) To become alert spiritually -(Prov. 1:7, 33; 2:2, 11,12; 3:5, 6; John 10:3; Phil. 1:9-11; I Thess. 5:21).

b) Discuss some of fears that make many believers fail to practice the spiritual disciplines (5 marks). Students to expound on any of these points.

- i) Fear of failure
- ii) Self-dependence
- iii) Ignorance of the spiritual challenges
- iv) Legalism
- v) Human effort
- vi) Negative view of the spiritual realm
- vii) Sin and sinful nature
- viii) Being earthly bound.

2. There is a notion among many believers that it is almost impossible to practice forgiveness when offended by others.

a) Using scriptural references, discuss the biblical basis of confession and forgiveness (5 marks).

- i) Jesus taught that forgiveness is a duty and that no limit should be put to the extension of forgiveness (Lk 17:3-4)
- ii) An unforgiving spirit is one of the most serious of sins (Matt 18:34-35)
- iii) God's forgiveness is conditional, upon man's forgiveness of wrongs done to him (Matt 6:12)
- iv) Jesus has the power/authority to forgive sins (Mark 2: 1-12(7), Luke 5:21, 7:49)

- b) Describe a personal experience where you have found it difficult to forgive (5 marks). The student to give a vivid personal example.**

Section B: Answer ANY TWO Questions (20 marks)

- 3. Spiritual growth and character formation requires a life of discipline. Discuss a comprehensive plan for improvement of your own spiritual development (10 marks)**
- i) Develop a plan
 - ii) Stick to your plan
 - iii) Be intentional and consistent
 - iv) Be Systematic in your approach
 - v) Do not be legalistic.
- 4. Critically assess the relevance of Spiritual disciplines in responding to contemporary challenges (10 marks).**
- Students to highlight spiritual disciplines and relate them to a contemporary challenge they might help address. Example:**
- Forgiveness – this would help in building the challenge of relationship breakups.**
- 5. Using examples, distinguish between the three categories of spiritual disciplines (10 marks).**
- i) Inner disciplines – prayer, fasting, meditation, studying God's word.
 - ii) Outward disciplines - simplicity, submission, service, solitude
 - iii) Corporate disciplines – confession, worship, guidance and celebration.
- 6. Discuss the significance of having a consistent studying and meditation of God's word (10 marks).**
- i) It reveals God to us (John 20:31)

- ii) It is the **Primary** way God uses to speak to us (Hebrews 1:2; John 1:1)
- iii) It is useful for **Holy Living** (Psalms 119:9-10; 2 Timothy 3:16).
- iv) It is the **Foundation** of God's blessings (Psalms 1:2-3; Joshua 1:8)
- v) It is the standard for **Testing** all teachings (**Acts 17:11**)