

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/03/6

Provide Crisis Counselling

July/August 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL
(TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO THE VERIFIER

You are expected to read the following excerpt and brief the client on the expected emotional and behavioural expression as per the excerpt.

INSTRUCTIONS TO THE PERSON ACTING AS THE CLIENT

1. Rehearse the following excerpt, which captures the content of what you will present to the counsellor in a simulated situation where you act as a client.
2. You have 10 minutes to read and understand the excerpt.

EXCERPT

Becky is a 31-year-old single mother of three children, two girls and one boy. She has been in a relationship with John for the past three years. Recently, she discovered that she is three months pregnant, although the pregnancy was unplanned. She decided to inform John, as she was certain he was responsible. Unfortunately, John did not respond as Becky had expected. He became numb and shocked, and since then, he has disconnected and cut off communication with her. He also accused Becky of being irresponsible and trying to trap him, revealing for the first time that he is married and has a family. This information came as a complete shock to Becky. Despite her past efforts to inquire about his personal life, John had consistently denied having a family. Now, Becky feels confused, stressed, and deeply saddened. She has lost interest in singing and poetry, which she had loved since childhood. She is also neglecting personal hygiene, both for herself and her children, is feeding poorly, and often feels lost in her thoughts. She has gone to the counsellor for counselling.