



COURSE CODE: MFT 602

COURSE TITLE: SPIRITUAL AND THEOLOGICAL RESOURCES

EXAM DATE:

DURATION: 3 HOURS

LECTURER: DR. AMOS KEYA ALUMADA

INSTRUCTIONS

SECTION ONE is Compulsory.

SECTION TWO Answer Any **TWO** Questions

SECTION ONE: Compulsory

(20 Marks)

QUESTION ONE

(20 Marks)

Ensure that you provide an example to support each of the **FOUR QUESTIONS** in this section.

- a) With relevant examples, justify in three paragraphs how you as an MFT can use your philosophical stance, theological orientation, and ethical assumption to integrate spirituality in working with a family struggling with addictions (9 Marks).
- b) Justify how your understanding of forgiveness is key to working with partners presenting with infidelity from a systemic perspective (6 Marks).
- c) Critique the concept of flourishing from a clinical perspective (3 Marks).
- d) Reflect on how this course has impacted your overall assessment process (2 Marks).

SECTION TWO Answer ANY TWO questions

(10 Marks Each)

Providing an Example to support **EACH ANSWERS** is encouraged in this section.

QUESTION TWO

- a) In two ways, provide your rationale of how the concept of spirituality can be experienced from a postmodern perspective. (4 Marks).
- b) In three paragraphs, explain the three components of flourishing in relation to forgiveness (6 Marks)

QUESTION THREE

- a) Provide your interpretation of how a family's experiences concerning their spiritual perspectives of being sick determine the course of systemic family therapy (4 Marks).
- b) Describe three ways how the integration of existential therapy can lead to efficacious outcomes with your clients (6 Marks).

QUESTION FOUR

- a) Critique three components that emerge from the definition of self-forgiveness that provide us with a useful frame for examining the psychological and empirical literature of self-forgiveness (6 Marks)
- b) Contrast with relevant examples, decision from emotional forgiveness. (4 Marks)

QUESTION FIVE

- a) Use relevant examples, differentiate between applying forgiveness and growing in forgiveness (4 Marks)
- b) Assess three key ways how close relationships promote self-forgiveness. (6 Marks)