

PAN AFRICAN CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
DEPARTMENT OF PSYCHOLOGY
MCP 604: ADDICTIONS AND SUBSTANCE USE DISORDERS

TIME: 3 HOURS

Answer question ONE and any other TWO questions

1. Use the following except to answer the questions that follow

Joshua as a first born son of a pastor and a deaconess, was brilliant when he was in primary school. He passed very well with 507 marks out of 700 and joined a provincial school. However, reaching form two he began showing problematic behaviors which made him to be involved in school strike. When Joshua did form four he attained grade D against the expectations of parents and even teachers. While at home the father realized that Joshua was drinking alcohol and smoking marijuana. The father got annoyed and chased him from home. On the other hand, the mother was perturbed because of Joshua's behavior and husband's decision to chase Joshua away because he loved Joshua very much. The mother could privately meet Joshua without the father's knowledge and inform him that she does not support decision of him being chased from home. She could give Joshua money such that he could not steal to maintain his alcohol and drug abuse hence embarrassing the family further. Joshua is almost forty years and does not have family of his own. Joshua could do not anything without the influence of substance and when he did not use substances he could suffers a lot of physical complaints that make him ill. He no longer cares of his personal care and hygiene. He is HIV positive and suffering from Tuberculosis. He does not want to take TB drugs. Several times he has threatened to kill himself and the father. His sister feels that Joshua wasted family resources and made parents not to invest in other siblings especially in taking them to good schools because they had been discouraged because of Joshua's fourth form performance. She blames Joshua for current economic situation of the family. Use this scenario to answer questions that follow.

- a) Using this as a basis, state any two effects of alcohol and drug abuse on the family (2Marks)
- b) i) Explain codependent roles of his father, mother and sister (3 Marks)
- ii) Outline how the above roles have maintained Joshua' addictive behavior (3 marks)

c) Using any two illustrations from psychodynamics theoretical approach, explain Joshua's addictive behavior (4 Marks)

d) Explain any two thematic counseling concerns for this case (4 Marks)

e)i)Identify Joshua' level of readiness to change (1 Marks)

ii) Explain what you will do as counselor to assist Joshua seek treatment (3 marks)

2. Read the following scenario and answer questions that follow

c) A counselor in Nairobi assessed Robert who was abusing bhang (weed), heroin (rosto) and miraa (veve). When asked about his drug use and whether he thought it was a problem, he responded by saying:

That bhang makes me happy, easy, free and high. It makes me cram for my exams and am able to remember everything I read. Weed makes me face the future with great confidence, intellect and wisdom like Bob Marley. Yes men! It's lovely; this thing is Holy Communion just like alcohol. And it is not bad. When dad beat me up for smoking weed, I feel nothing because he does not know the beauty of weed and my love for it. It gives me courage and helped me a lot when I was in form one; nobody bullied me because I was treated as a king for being a user and a peddler. You know what? My dad and mom don't understand; I wish they could allow me to live my life the way I want to be. I have never thought of stopping and by the way I cannot imagine life without weed! What kind of a boring world would that be?'

a) Using any TWO criteria of classification, classify the drugs that Robert is using(4 marks)

b) Using cognitive and behavioral theory, explain any THREE reasons why Robert using the substances (6 marks)

3. Maria is client who is a 38-year the mother of two teenagers. Maria M. presents with an 11-year history of cocaine dependence, a 2-year history of opioid dependence, and a history of trauma related to a longstanding abusive relationship (now over for 6 years). She is not in an intimate relationship at present and there is no current indication that she is at risk for either violence or self-harm. She also has persistent major depression and panic treated with antidepressants. She is very motivated to receive treatment.

a) Using two illustrations from the story, explain Maria's comorbidity (4 marks)

b) Explain any three integrated treatment she is likely to receive (6 marks)

4. a)Becky had two sons George and Ian addicted to cocaine and heroin respectively. The two sons were taken to same Rehab for treatment and completed the treatment. However George

relapsed after three months sobriety and began taking alcohol. On second admission he was found had bipolar disorder

- a) Distinguish brain effect of cocaine and heroin on George and Ian respectively

(5 marks)

- b) Using five illustration explain gambling cycle that makes gambling relapsing condition (5 marks)