



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN COUNSELING

PSYCHOLOGY

JAN-APRIL 2022 TRIMESTER

CAMPUS: ONLINE EXMINATION

COURSE CODE: MPC 502 THEORIES OF PERSONALITY

EXAM DATE: 5th April 2022

DURATION: 3 HOURS

TIME: 6-9 PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your STUDENT NUMBER in the Answer Booklet given
- This Exam has TWO SECTIONS
- **SECTION ONE** is Compulsory.
- **SECTION TWO** *Choose Any Two Questions*
- *Write clearly and legibly.*

Section A (Compulsory)

Question one

- a) Identify any three factors that influence modelling according to Albert Banduras Social Learning Theory
(3 marks)

b) Explain how each of the following defense mechanisms protects individuals against anxiety

i) Rationalization (2 marks).

ii) Projection (2 marks)

iii) Sublimation (2 marks)

d) Identify ant three conditions necessary in order to satisfy the self-actualization need (3 marks)

e) Analyze any two child-rearing practices that can thwart the drive for self-actualization (2 marks)

.f) Explain the difference between the fixed-interval and variable-interval schedules of reinforcement(4 marks)

g. Discuss any one difference between the safety and belongingness and love needs. (2 marks)

Section B Answer any two questions

Question two

a). Describe the first three levels in Abraham Maslow's Hierachy of needs (6 marks)

b) Differentiate in two ways higher needs from the lower needs according to Abraham Maslow 4 marks

Question three

a) Describe any three childhood stages of psychosocial development showing the effects of various parental behaviors on the possible outcomes of each stage. (6 marks)

c)Explain in two ways in which Erikson's theory of personality is different from Freud's theory (4 marks)

Question four

a) Describe Pavlov's classical-conditioning experiment with dogs showing how he extinguished conditioned responses (4 marks)

- b) Demonstrate the role of reinforcement in modifying behaviour (2 marks)
- c) Using examples, distinguish between positive and negative reinforcement (4 marks)

Question five

- a) Describe the oral and anal stages of psychosexual development (4 marks)
- b) Explain any three activities that characterize an adult fixated at
 - i) oral incorporative phase (3 marks)
 - II) At the anal retentive phase (3 marks)