



PAC INSTITUTE OF TECHNOLOGY AND SOCIAL STUDIES MAY-AUGUST 2025 ASSESSMENT

FORMATIVE ASSESSMENT L5

Qualification / Course : CBM/CCP

Unit of Competency : Demonstrate Occupational Safety and Health Practices

WRITTEN ASSESSMENT TIME: 3 HOURS

INSTRUCTIONS TO THE CANDIDATE:

- 1. Read all the instructions carefully before attempting the questions.*
- 2. This paper consists of two sections, A & B.*
- 3. You are allowed 3 Hours to Answer the questions.*
- 4. Marks for each question are indicated in brackets.*
- 5. Write your responses in the Separate Answer booklet provided.*
- 6. Do not write anything on this question paper.*

SECTION A: (40 MARKS)

Answer ALL questions in this section.

1. State **FOUR** importance of occupational safety and health risk assessment in workplace. [4 Marks]
2. List **FOUR** importance of gathering information on occupational safety and health issues in the workplace. [4 Marks]
3. Identify **FOUR** ways of passing occupational safety and health information to team members in a workplace. [4 Marks]
4. Outline **FOUR** personal protective equipment (PPEs) and their uses in your work place. [4 Marks]
5. Highlight **FOUR** objectives of occupational safety and health training in a workplace. [4 Marks]
6. List **FOUR** key reasons as to why a workplace should request for evaluations of OSH hazards in the workplace? [4mks]
7. Enumerate any **FOUR** types of safety and health inspections. [4 Marks]
8. Identify any **FOUR** sources of noise pollution within a workplace environment. [4 Marks]
9. List down **FOUR** steps followed in OHS risk assessment? [4 Marks]
10. State **FOUR** factors to be considered when selecting personal protective equipment (PPE) for a factory worker. [4 Marks]

SECTION B: (60 MARKS)

*Attempt any **THREE** questions in this section.*

11. a) Assuming that you are leaving your place of work and a person collapses, discuss **FIVE** safety precautions that you would observe when performing Cardiopulmonary Resuscitation (CPR). [10 Marks]
- b) Contingency measures are plans for responding to emergencies or unexpected events. Discuss **THREE** types of contingency measures that can help to minimize harm and ensure a quick, effective response to incidents in organizations (6 Marks)
- c) Emergency procedures are designed to protect employees, visitors, and property in the event of unexpected incidents or disasters. Discuss **TWO** common types of emergency procedures in institutions. (4 Marks)
12. a) Poor lighting can lead to eye strain and increase the risk of accidents. Explain **FIVE** key indicators of poor lighting at the workplace. [10 Marks]
- b) Workplace accidents can be avoided or minimized where possible. In your opinion, give a brief discussion of **FIVE** preventive measures which can be put by safety officers to minimize accidents and injuries. [10 Marks]
13. You are required to train new staff members in a workplace on hazards encountered in the workplace;
 - a) Illustrate **FIVE** types of hazards with one example for each. [10Marks]
 - b) Explain **FIVE** importance of risk assessment. [10 Marks]
14. As a supervisor in a workshop;
 - a) Explain **FIVE** causes of accident in a workplace; [10 Marks]
 - b) Discuss **FIVE** types of information one would obtain from accident/incident occurrence report. [10 Marks]