



PAN AFRICA CHRISTIAN UNIVERSITY

**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**

SEPTEMBER – DECEMBER 2017

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU4413

COURSE TITLE: Psychology of Adolescence

EXAM DATE: MONDAY 4th DECEMBER 2017

TIME: 5.30PM-8.30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Section A is Compulsory and carries thirty (30) marks.
- Answer any TWO questions in Section B. Each question carries fifteen (15) marks each.
- Indicate the questions you have answered on the cover page of the Answer Booklet

SECTION A: This section has ONE question which is compulsory. The question carries 30 marks.

1. Identity development is a major psychosocial task of adolescence. In relation to successful development:
 - a) Identify any two developmental tasks as stated by Seiffge-Krenke, Kiuru&Nurmi.
2marks
 - b) Describe how important the following are in this developmental process
 - i) Support
 - ii) Role in a community
(2marks each) 4marks
 - c) Loevinger described ego development as self-construction in maturation and located it in the development of four areas listed below. Briefly discuss how each area contribute to the overall ego strength.
 - i) Character development
 - ii) Cognitive functioning
 - iii) Personal and Interpersonal awareness
 - iv) Conscious preoccupations
(3 marks each)12marks
 - d) For each of Marcia's four identity statuses given below, explain the understanding it brings on the adolescents' characteristic in the status.
 - i) identity diffusion
 - ii) foreclosure
 - iii) moratorium
 - iv) identity achievement
(3 marks each)12marks

SECTION B: Attempt any TWO (2) questions in this section. Each question carries 15 marks.

2. Peer orientation is a phenomenon noticeable in our society today;
 - a) Discuss how peer orientation affects parent/adolescent relationship in the home.5mks
 - b) Describe the relationship between peer orientation and failure of attachment 6marks
 - c) Identify four negative effects of peer orientation on the adolescent 4 marks
3. Morality is an important part of humanity. Moral development is one of the assignment of growing up.
 - a) Identify the three components of morality 3 marks
 - b) Show how the exhortation in Scriptures, "Train up a child in the way he should go and when he is old he will not depart from it" agrees with moral sensibilities. 6 marks
 - c) Discuss three (3) key things that will determine the decision a person will make in a moral situation.
6 marks
4. The environmental systems as identified by Bronfenbrenner was credited as being deeply involved in human development.
 - a) Explain how the Kenyan society has predisposed the adolescents to violence.5 marks
 - b) Show how Kenya can protect the adolescents from getting into alcoholism. 5marks
 - c) Using the bioecological theory, discuss how schools can be improved to support the development of adolescents with better mental health. 5 marks
5. Mrefu is concerned that his adolescent daughter may be having a psychological problem. He has brought her for your evaluation.
 - a) State any five (5) symptoms you would seek to explore in order to clarify if she has or has no problem
5 marks
 - b) Research shows that Kenyan adolescents are prone to depression and suicidal ideation. Discuss the risk factors that are involved in sustaining this negative situation among adolescents.
5 marks
 - c) Explain how you would support Mrefu's daughter to wholeness if you realized that she was struggling with depression?
5 marks