



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (MAY-AUGUST 2021)

CAMPUS: ONLINE

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: 2321

COURSE TITLE: LOSS AND GRIEF

DATE: AUGUST 6th 2021

TIME: 600-9.00 pm

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Write your student number on the answer booklet provided.**
- **Section A is Compulsory**
- **Answer any TWO questions in Section B**

Section A (COMPULSORY)

Question one

- a) Identify the four tasks of grieving according to Dr Worden. (4 marks)
- b) Using examples, differentiate the term grief from bereavement. (4 marks)

- c) Outline Rando Six 'R's of mourning. (6 marks)
- d) Explain any three psychological symptoms of grief. (6 marks)

Question two

- a) Identify any four stages of grief according to Elizabeth Kubler Ross. (4 marks)
- b) Explain the intervention strategies you can use with a client at each of the above stages (6 marks)

Question three

- a) Explain the term disenfranchised grief. (2 marks)
- b) Discuss any four reasons that may make grief disenfranchised. (8 marks)

Question four

- a) Discuss any two factors that may influence grief reactions in children. (4 marks)
- b) Explain any two ways infants may react to a loss. (4 marks).
- c) Identify any two strategies that can be used to help children (3-6 years) cope with loss. (2 marks).

Question Five

- a) Analyze any two developmental factors that may influence grief reactions in late adulthood. (6 marks)
- b) Discuss any two strategies that can be used in helping middle adults going through loss. (4 marks)