



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS IN
COUNSELLING PSYCHOLOGY**

SEPTEMBER-DECEMBER 2025 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU

COURSE TITLE: PREMARITAL COUNSELLING

EXAM DATE:

DURATION: 3 HOURS

TIME: 6.00PM

INSTRUCTIONS

- ☐ Read the instructions and questions carefully before you write the answers.
- ☐ Answer question 1 and any other TWO questions
- ☐ ALL PAC University's examination rules and regulations apply

SECTION A: COMPULSORY (20 MARKS)

Question 1

- a) Explain any two benefits of premarital counselling. (4 Marks)
- b) Discuss in two ways the qualifications necessary for one to offer premarital counselling. (4 Marks)
- c) Discuss any two challenges of premarital counselling. (4 Marks)
- d) Discuss any two sexual problems handled in a therapy session. (4 Marks)

- e) Describe three ways Christian marriage relationship is viewed in relation to the Trinity. (4 Marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 MARKS)

Question 2

- a) Using biological influences, contrast between the male and female brains. (4 Marks)
- b) Discuss any three causes of sexual dysfunction. (6 Marks)

Question 3

- a) Explain any two traditional gender roles and responsibilities discussed in premarital counselling. (4 Marks)
- b) Describe the first three phases of the sexual response cycle. (6 Marks)

Question 4

- a) Using psychological influences, differentiate between male and female cognitive abilities. (4 Marks)
- b) Illustrate any three ways sex therapy might be difficult for some counselors.
(6 Marks)

Question 5

- a) Explain any two communication dynamics observable between men and women during premarital counselling. (4 Marks)
- b) Discuss any three symptoms of Posttraumatic Stress Disorder – PTSD resulting from a sexual abuse. (6 Marks)