



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**

MAY-AGUST 2026

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU1233

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

EXAM DATE: TUESDAY 28TH JULY 2026

DURATION: 3 HOURS

TIME: 6:00PM-9:00PM

INSTRUCTIONS

- **Read the instructions and questions carefully before you write the answers.**
- **SECTION A - QUESTION ONE is compulsory. For SECTION B, choose any TWO QUESTIONS from the four given.**
- **Each question is 10 marks. *Support your answers with relevant examples.**
- *ALL PAC University's examination rules and regulations apply*

SECTION A – COMPULSORY

QUESTION ONE

Answer all questions in this section.

- a. Define psychology as a social science. **(2 marks).**
- b. Identify **two** major psychological disorders. **(2 marks).**
- c. Describe **two** key contributions of early philosophers or scientists to psychology. **(4 marks).**
- d. Differentiate **two** major branches of psychology. **(4 marks).**
- e. Explain **two** concept from the psychoanalytic perspective that influences behavior. **(4 marks).**
- f. Illustrate **two** learning principles from the behavioral perspective that can be applied in behavior change. **(4marks).**

SECTION B CHOOSE ANY TWO QUESTIONS

QUESTION TWO

- a. Explain **two** concepts of motivation in psychology. **(4 marks).**
- b. Discuss **three** ways motivation influences human behavior. **(6 marks).**

QUESTION THREE

- a. Illustrate **two** goals of psychological treatment. **(4 marks).**
- b. Describe any **three** therapeutic approaches used in treating psychological disorders. **(6 marks).**

QUESTION FOUR

- a. Explain **two** biological factors that influence human behavior **(4 marks).**
- b. Describe **three** ways biological and environmental factors interact to influence human development. **(6 marks).**

QUESTION FIVE

- a. Explain **two** differences between sensation and perception **(4 marks).**
- b. Discuss **two** major historical school of psychology **(6 marks).**