



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

MAY-AUGUST 2018

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3323

COURSE TITLE: MULTICULTURAL COUNSELING

EXAM DATE: MONDAY 6TH AUGUST 2018

TIME: 5:30PM-7:30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer All questions in Section A and any Two from section B**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY

QUESTION ONE

- A.i) Explain the concept of culture. (3mks).
- ii) Distinguish between counter-culture and subculture. (4mks).
- B. Briefly discuss any Two areas of emphasis in multicultural counseling. (4mks).
- C. Discuss any Two values of culture to members. (4mks).
- D. i) Define the term worldview (2mks).
- ii) Identify the stages of majority and minority development. (4mks).
- E. Briefly discuss the future directions of multicultural counseling in Kenya. (5mks).
- F. Briefly explain the role of social economic factors in multicultural counseling. (4mks).

SECTION B: any Two questions

QUESTION 2

“A Christian man shows respect for his religion by taking off his hat but keeping on his shoes. A Muslim man will show similar respect by keeping on his hat and removing his shoes.

- i) Define multicultural counseling and show its usefulness in areas affected by ethnic animosity in our country. (4mks).
- ii) Discuss this statement showing how a multicultural perspective provides an opportunity for divergent views of culture. (5mks)
- iii) Explain three problems associated with the use of standardized tests for diagnosis in multicultural counseling. (6mks).

QUESTION 3

- a) Discuss the following challenges to the formulation of an environment of diversity:
- i) Pressure to conform (4mks)
- ii) Oppression (4mks).
- iii) Racial prejudice (4mks)
- b) Give three ethical considerations that must be adhered to in cross-cultural interventions. (3mks).

QUESTION 4

a) Using examples, illustrate how the following psychosocial barriers to multicultural counseling create problems for the counselor and counselee.

i) Self-hatred (3mks)

ii) Machismo (3mks)

iii) Modesty

b) Briefly discuss two problems that multicultural counselors face in dealing with clients who are reluctant to disclose themselves. (3mks)

c) Explain the role of an interpreter in cross counseling settings. (3mks).

QUESTION 5

a) Explain how the following concepts influence the relationship between counselor and counselee in multicultural counseling setting.

i) Rapport (3mks)

ii) Structuring (3mks).

iii) Transference (3mks).

b) Briefly explain the usefulness of studying multicultural counseling today in the Kenyan context. (6mks).