



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
COURSE CODE: CCOU 0119
COURSE TITLE: INTRODUCTION TO THEORIES OF PERSONALITY
MAY -JUNE 2023 SEMESTER (END OF SEMESTER EXAM)

CAMPUS: ONLINE
DEPARTMENT: PSYCHOLOGY
DURATION: 3 HOURS

This Exam has TWO SECTIONS

SECTION A is Compulsory.

Answer ANY TWO questions in SECTION B

SECTION A is Compulsory.

Question 1

- a) Describe any **Four** stages of psychosexual development according to Sigmund Freud (4 marks)
- b) Explain with a relevant example:
 - i. Anima and Animus (2marks)
 - ii. The shadow (2marks)
 - iii. Inferiority complex(2marks)
- c) Describe the following term in the context of behavioral psychology.
 - i. Positive Reinforcement (2 marks)
 - ii. Negative Reinforcement (2marks)
 - iii. Extinction (2marks)
- d) Describe any **Four** Adler's theory's concepts in your own words (4marks)

Answer ANY TWO questions in SECTION B

Question 2

- a) Explain **Two** ways that Maslow's theory fulfills an individual's needs. **(4 Marks)**
- b) Describe the roles of the Id, Ego, and Superego in shaping a young adult's personality. **(6 Marks)**

Question 3

- a) Choose **Two** stages from Erikson's theory and explain how they contribute to an individual's overall well-being and mental health. **(4marks)**
- b) Explain with examples any **Three** key concepts of Albert Bandura's modeling process **(6 marks)**

Question 4

You are a counseling intern at a local Church clinic, and your supervisor has assigned you to work with clients exhibiting symptoms of learned helplessness.

- a) Explain with examples **Four** symptoms you may notice in your clients. **(4 marks)**
- b) Discuss **three** interventions you can use to help these clients. **(6 marks)**

QUESTION 5

- a) Describe any **Three** roles of inconsistency in an individual's personal constructs using George Kelly's theory. **(6 mark)**
- b) Using the Reinforcement theory, citing examples, explain the relationship between behavior and consequences? **(4marks)**