MCP 603 FINAL EXAM DECEMBER 2025

Dr. Amos Keya Alumada

Answer all the Four Questions in Section A (20 Marks)

Your responses should be in COMPLETE PARAGRAPHS
Which have 5-6 sentences to earn full marks

a) **QUESTION 1 Compare Adlerian Group Counselling** and **Person-Centered Group Counselling** by analyzing how each approach views the *role of the facilitator* within the group process (4 Marks)
b) Evaluate the effectiveness of **Cognitive Behavioural Group Therapy** for adult clients experiencing anxiety. In your response, assess **three** strengths and three limitations using theoretical justification (6 Marks)
c) In two ways, analyze how **Yalom's therapeutic factors** operate differently during the **forming** versus **norming** stages of a group's development (4 Marks).
d) Design a **micro-intervention** that a group leader could use to reduce *hidden agendas* during the **storming stage**. Your answer must include goals, steps, and theoretical justification (6 Marks).

SECTION B: Answer any TWO Questions. Each Question Carries 10 Marks

Your responses should be in COMPLETE PARAGRAPHS
Which have 5-6 sentences to earn full marks

QUESTION 2

a) Evaluate Two strengths and weaknesses of the **co-leadership model** in trauma-focused group counselling (4 Marks)
b) Develop a leadership response plan for managing a **dominant group member** using any two group counselling theories. Outline the steps and justify your approach theoretically (6 Marks).

QUESTION 3

a). Critique two ethical dilemmas that arise when a group member discloses suicidal ideation but requests confidentiality within the group context.
b). Evaluate the cultural considerations a facilitator must address when conducting group counselling with **diverse African cultural backgrounds**. Support your argument with theoretical reasoning (6 Marks).

QUESTION 4

a). Analyze **Two** ways **systems theory** explains interaction patterns in a group where subgroups or "cliques" have formed.
b). Create a **group intervention plan** aimed at increasing cohesion among university student groups experiencing conflict. Include objectives, techniques, and expected outcomes (6 Marks).

QUESTION 5

a). Evaluate the usefulness of **pre- and post-group assessments** for measuring change in emotional functioning in Group Therapy (4 Marks).

b) Propose a **comprehensive evaluation framework** for a 6-week psychoeducational group for parents of adolescents. Include outcome indicators, data collection methods, and theoretical justification (6 Marks).