



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS COUNSELLING PSYCHOLOGY
JAN-APR 2025

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2122

COURSE TITLE: CLINICAL SUPERVISION 1

EXAM DATE:

TIME:

INSTRUCTIONS

- This Exam accounts for forty (**40**) per cent of your total grading.
- The Exam has two sections – Section A and B.
- Section A has a compulsory question that carries **Twenty (20)** marks. Attempt all the sections.
- Section B has **five (5)** questions, each carrying **Ten (10)** marks. You are required to answer any **two (2)**.

SECTION A: ATTEMPT ALL THE SECTIONS OF THIS QUESTION. TOTAL MARKS TWENTY (20).

Question One

- a) Discuss two major functions of clinical supervision in effective therapy delivery. (4 marks)
- b) With examples describe any three roles of a supervisee in a supervision relationship. (6 marks)
- c) Discuss any three challenges encountered by supervisee in supervision. (6 marks)

Safimoyoni is a student doing her practicum in Tuache Ulevi Rehabilitation center. While she and her client Atatenda were collaboratively drawing Atatenda's genogram, she discovered that Atatenda was her half- brother. The son of her father's estranged first wife. In fact Atatenda was her elder brother.

From this narrative

- a) Explain any two ethical dilemmas Safimoyoni could be grappling with after her discovering that her client is her half-brother. (4 marks)

PART B: ANSWER ANY THREE QUESTIONS FROM THIS SECTION. EACH QUESTION CARRIES 10 MARKS.

Question Two

Describe the impact of the following skills to the quality of the therapeutic process:

- a) Reflections. (2 marks)
- b) Challenging. (2 marks)
- c) Focusing. (2 marks)
- d) Summarizing. (2 marks)
- e) Self-disclosure. (2 marks)

Question Three

Explain:

- a) Two roles of goals in guiding credible counselling process. (4 marks)
- b) Three functions of theoretical models in the counselling process. (6 marks).

Question Four

Describe 5 elements that aids the following stages in therapy:

- a) Joining with the client (5 marks)
- b) Conceptualization of a client's issues (5 marks)

Question Five

Describe how useful the following client's spiritual themes are in the process of therapy

- a) Belief in a Supreme Being or otherwise. (2 marks)
- b) Religious resources. (2 marks)
- c) Explain any role of boundary setting in a therapeutic relationship.(2 marks)
- d) Discuss any two ways a counselors un-finished business could interfere with quality of therapy delivery. (4 marks)

