



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

JANUARY-APRIL 2019 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3223

COURSE TITLE: ALCOHOL AND SUBSTANCE ABUSE

EXAM DATE: MONDAY 8TH APRIL 2019

TIME: 5.30PM-8.30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- This paper consists of **five questions**.
- Answer Question **ONE** and any other **Two** questions
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

QUESTION ONE: COMPULSORY: Total marks- 40

- a) Explain what drug abuse is (2 Marks)
- b) Describe the heroin drug (2 Marks)
- c) Define the blood alcohol level (2 Marks)
- d) Name the three faces of substance abuse (3 Marks)
- e) State any three reasons why we should be concerned about substance abuse (3 Marks)
- f) Discuss the behavior of those on level two “ Heavy social use/ early problem drug use on the chemical use continuum (3 Marks)
- g) Identify and explain any two elements necessary to diagnose alcoholism or drug addiction (4 marks)
- h) State the body parts responsible for the bio transformation of alcohol (2 Marks)
- i) Identify any two factors that influence an individual’s recreational substance use (4 Marks)
- j) Describe the chronic phase of addiction (3 Marks)
- k) State any two effects of alcohol on the average drinker at intoxicating levels (4 Marks)
- l) Distinguish between prescription drugs and other drugs bought freely in the pharmacy (4 Marks)
- m) State the four stages of addiction (4 Marks)

QUESTION TWO

- a. Giving at least five examples discuss the cost of addiction in Kenya and (10 marks)
- b. Describe how the detoxification process of removing toxins from the body is done (5 Marks)

QUESTION THREE

- a. Discuss the psychological and physical effects of cannabis on an individual (10 marks)
- b. Describe any five medical complications associated with the chronic use of alcohol (5 marks)

QUESTION FOUR

- Explain the following
- a. Chemical addiction (5 Marks)
 - b. Drug tolerance (5 Marks)
 - c. The effects of Miraa on the human reproductive system (5 Marks)

QUESTION FIVE

- a. Describe any three screening tools (paper & pencil tests) that you can use to help detect individuals who might have a substance use problems (9 marks)
- b. Describe any three ethical dilemmas a counselor may face during intervention (6marks)