MPC 600 SEXUALITY AND PREMARITAL THERAPY

FINAL EXAM APRIL 2026

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Section A

Question 1: Compulsory (20 Marks)

a) Explain three biological factors that influence the development of human sexuality. (6 marks)
b) Critique three essential components of an effective marital preparation programe from a systems and family therapy perspective. (6 marks)
c) Discuss four socialization processes that shape sexual attitudes and behaviours for individuals who identify themselves as Christians. (8 marks)

Section B

Answer ANY TWO QUESTIONS (1O Marks Each)

Question 2

a) Assess two ways how the family or origin may impact couples in blended relationships from family systems perspective. (4 marks)
b) Analyze three ways how cultural expectations influence gender roles in marriage within the African context. (6 marks)

Question 3

a) Explain the full typical sexual response cycle for men and women aged 45 years and above. (4 marks)
b) Analyze three ways how you would work with same-sex partners who are seeking premarital counsellings from you as a Christian therapist (6 marks)

Question 4

a) Critique key components of the biopsychosocial-cultural approach in addressing sexual issues emerging among couples in their early forties. (4 marks)
b) Examine atypical variations and their implications for marital therapy practice. (6 marks)

Question 5

a) Assess four primary goals of premarital therapy from a . (4 marks)
b) Design a marital preparation programme with four key interventions suitable for couples who were divorced but wish to come back together - re-marriage. (6 marks)