

## **MFT603 CONTEXTUAL ISSUES IN MFT**

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**This exam has two parts.**

Part 1: Answer all the four questions in question one. Each response should be a complete paragraph with **5-6 sentences** to earn full marks (20 Marks for this part)

### **QUESTION ONE**

- a) Critique three ways on how one can dismantle/decolonize therapy within the Kenyan System Family Therapy (SFT) setting (6 Marks)
- b) In two paragraphs, explore how cultural self-awareness is important in System Family Therapy (SFT). (4 Marks)
- c) Critique three the core values of applying contextually responsive systemic interventions to any specific cultural group. (4 Marks)
- d) Evaluate, in a structured argument, the extent to which governance failures continue to undermine Kenya's quest for national unity (6 marks)

**Part B: Answer ANY TWO questions. Use two paragraphs to respond to question a) and three paragraphs for part b) to earn full marks.**

### **QUESTION 2:**

- a) Analyse how cultural expectations influence intergenerational succession patterns in contemporary Kenyan families. (4 marks)
- b) Design a culturally sensitive intervention framework to strengthen parenting cohesion for interreligious blended families. (6 marks)

### **QUESTION 3:**

- a) Evaluate three national or county-level initiatives meant to address rural poverty and propose a more sustainable economic empowerment approach for rural families. (4 marks)
- b) Develop a comprehensive intervention framework that incorporates biopsychosocial-spiritual and biopsychosocial-cultural components, and justify why it is effective for addressing emerging contextual issues in Kenya. (6 Marks)

### **QUESTION 4:**

- a) Demonstrate three obstacles and clinical implications to applying multicultural competence using the Systems Family Therapy (SFT) lenses. (4 Marks)
- b) Critique contextual and developmental factors that may influence teenagers presenting with self-harming behaviours which tend to complicate the counselling process. (6 marks))

**QUESTION 5:**

- a) Evaluate the resilience factors that support family adjustment post-remarriage and develop an intervention strategy to strengthen family reintegration. (4 marks)
- b) Create an integrative grief-intervention model suitable for a multicultural counselling context for clients presenting with politically instigated violence. **(6 marks)**