



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF PHD IN
MARRIAGE AND FAMILY THERAPY**

SEP-DEC 2020 SEMESTER (END OF SEMESTER EXAM)

**CAMPUS: ONLINE
DEPARTMENT: PSYCHOLOGY
COURSE CODE: PMFT 723
COURSE TITLE: ADVANCED ASSESMENT
EXAM DATE: 8th DEC 2020
DURATION: 3 HOURS
TIME: TUE 6-9 PM**

SECTION A (COMPULSORY)

James and Alice had been married for 14 years when James was transferred by his employer to another county. Both mutually agreed that Alice would continue to stay where they presently were for the sake of their children's education as they were well established in their respective schools and it would be less disruptive to them. Their children were aged 12, 10 and 6 years. Eight months after James relocated, he contacted Alice for divorce because he had met someone else. During this period he had only returned once to see his family. He also asked that the children be allowed to visit him twice a month. Alice, angry about the divorce was denying James request for visitation. Alice is so overwhelmed and has come for therapy.

- 1) As an MFT therapist, discuss any assessment tool you would administer to Alice and give any three reasons for using it (6 marks)
- 2) Discuss any two MFT intervention strategies you would use with Alice concerning her relationship with James(4 marks)

SECTION B (Answer any three questions)

Question two

THE CASE OF Magdalene and Joseph

Magdalene, a 43 year old paralegal and her 45 year old husband Joseph, the owner operator of a small house repairs business came to therapy requesting help for their 14 year old son, Simon, who expressed fear and resentment about transferring to a new middle school. The family had recently moved to a new neighbourhood because they wanted Simon and his 10 year old sister Lenah to benefit from the better schools in this new location. The parents described Simon as quiet, and “into himself” but they said they had never thought much of it and were happy that he had not been a behavioural problem at school and or home. Simon’s academic performance at his previous middle school was average. The family moved to their new neighbourhood about six weeks before the start of the school year. During the first three weeks of school, Simon attended school for only 7 full days. On the other days, Simon came home sick or did not go to school in the first place because of stomach pain and headaches. The schools attendance office had contacted the parents about Simon’s situation; his parents had taken him to their primary care doctor who could not find anything wrong with him and referred him for therapy.

- a) As an MFT Therapist, indicate any one Qualitative assessment tool you would utilise with this client and why you would use such tools (6marks).
- b) Discuss any two reasons why it would be necessary to assess family factors and dynamics when working with individuals (4 marks)

Question three

The case of Allan and Leonida

Allan was a high profile businessman and chairperson of his church. He had been married to Leonida, a high school teacher for 20 years. They had an 18-year-old son who was attending college. Allan suspected that Leonida was having an affair and confronted her. Leonida admitted to having had a brief sexual encounter but gave no further details. She said that personal guilt would not allow her to continue the affair and she had recently ended the relationship. The couple were referred for counselling by the parish priest. Their stated goal was reconciliation.

- a) As MFT Therapists, discuss any two assessment tools you would use to assess this couples marital relationship (4 marks)
- b) Give any three reasons for using such tools (3 marks)
- c) Explain why it would be important to facilitate the process of forgiveness in such a case (3 marks)

Question four

- a)“Without a solid and accurate assessment, things will fall apart” Discuss the above statement in relation to the importance of assessment in counselling (4 marks)
- b) Analyse any three components of a systems model assessment (6 marks)

Question five

Wanganagwa and Akelo have been married for four years. They have two children, ~~four~~ 4 year old samuel and 6 month old mary. Wanganagwa and Akelo have come for therapy and say they are chronically exhausted. They are up most of the nights as Samuel does not stay in his bedroom at night and routinely comes into their room fidgeting and crying shortly after they go to bed.

- a) As an MFT therapist, assess this family’s structure and discuss any three ways it is affecting its functioning (6 marks)
- b) Discuss any two intervention measures that would be helpful to the family (4 marks)