



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTERS OF ARTS IN MARRIAGE AND FAMILY THERAPY**

MAY-AUGUST 2018

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCA602

COURSE TITLE: TREATMENT AND EXPRESSIVE THERAPIES

EXAM DATE: TUESDAY 7TH AUGUST 2018

TIME: 2:00PM-5:00PM

INSTRUCTIONS

- Write your **student number** on the answer booklet provided.
- Read the questions carefully before attempting.
- Section A is Compulsory
- Answer any TWO questions in Section B
- *ALL PAC University's examination rules and regulations apply*

SECTION A: 20 MARKS COMPULSORY

QUESTION ONE

- A. List four situations and behaviours that may precipitate play therapy. **(4 Marks)**
- B. In Adlerian play therapy the therapist may address eight (8) issues. Discuss three (3) of these issues. **(8 Marks)**
- C. Child-centered play therapy has three (3) constructs namely:
 - i. The person
 - ii. The phenomenal field
 - iii. The self
- D. Briefly explain these three constructs **(6 Marks)**
 - i. Discuss the four roles of the therapist in family play therapy **(4 Marks)**

SECTION B (50 MARKS): ANSWER ANY TWO QUESTIONS FROM THIS SECTION

QUESTION TWO

- A. Discuss clearly the use of the following techniques in play therapy
 - i. Drawing
 - ii. The sand tray
 - iii. Puppets and
 - iv. Animals **(8 Marks)**
- B. Discuss the process of play therapy by highlighting the five (5) stages in the process **(10 Marks)**
- C. What role would you play as a counselor to encourage play therapy in the Kenyan family and the school system **(7 Marks)**

QUESTION THREE

- A. What is the definition of Filial Therapy **(3 Marks)**
- B. Discuss the **four basic** techniques in Filial therapy are: **(12 Marks)**
- C. c) What are the challenges of using Filial therapy in Kenya and how can you as a counselor deal with the challenges **(10 Marks)**

QUESTION FOUR

- A. Discuss in detail the rationale for group play therapy **(10 Marks)**
- B. Compare and contrast the role of the therapist and parents in group play therapy **(8 Marks)**
- C. Discuss the challenges facing Kenyan Parents in participating in group play therapy.
- D. As a counselor how can you help parents to participate in group play therapy. **(7 Marks)**

