



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR CERTIFICATE IN
COUNSELLING PSYCHOLOGY**

MAY-AUGUST 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: CCOU0113

COURSE TITLE: COUNSELING YOUTH & SEXUALITY

EXAM DATE: THURSDAY 8TH AUGUST 2019

TIME: 11:00AM-1:00PM

DURATION: 2 HOURS

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Answer **ALL** questions in section A.
- Answer **ANY THREE** questions in Section B.
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (40 MARKS)

QUESTION 1.

A) Define the following terms,

- i. Adolescence (2 Marks)
- ii. Sexual abuse (2 Marks)
- iii. Sexuality (2 marks)

B) Describe the THREE stages of division in Adolescence. (9 Marks)

C) Describe the THREE major areas of Change during adolescence. (6 Marks)

D) Outline FOUR Current issues in sexual behavior. (8 Marks)

E) Discuss THREE purposes of sex in marriage. (9 Marks)

SECTION B: ANSWER ANY THREE QUESTIONS (60)

QUESTION 2.

A) Describe the FOUR different aims of sexual education. (8 Marks)

B) Highlight THREE effects of Lack of sexual education in the youths today. (6 Marks)

C) Describe THREE Biological changes in adolescence (6 Marks)

QUESTION 3.

A) Name THREE different Sexual Malpractices. (6 Marks)

B) Discuss FOUR components which make up human sexuality. (8 Marks)

C) List any THREE physiological effects of sexual abuse (6 Marks)

QUESTION 4.

A) Discuss THREE ways in which Sexuality is designed by God. (6 Marks)

B) Discuss FOUR reasons why sexual purity is so important. (8 Marks)

C) Outline THREE gender difference between a male and a female. (6 Marks)

QUESTION 5.

A) With the use of two examples explain the following;

- i. Peer pressure. (4 marks)
- ii. Physiological changes in Adolescence. (4 marks)

B) Outline FOUR effects of premarital sex. (8 marks)

C) Describe any TWO spiritual benefits of sexual abstinence among the youths. (4 marks)