



PAC INSTITUTE OF TECHNOLOGY AND SOCIAL STUDIES JULY/AUGUST 2025 ASSESSMENT

FORMATIVE ASSESSMENT

Qualification : Social Work and Community Development

Level : 6

Unit of Competency : Perform Home Based Care

WRITTEN ASSESSMENT

Time: 3 hours

INSTRUCTIONS TO CANDIDATES

1. This paper has three sections **A** and **B**.
2. You are provided with a separate answer booklet.
3. Marks for each question are as indicated.
4. Do not write on the question paper.

This paper consists of THREE (3) printed pages

**Candidates should check the question paper to ascertain that all pages are
printed as indicated and that no questions are missing**

Section A: (40 marks)

answer all the questions in this section

1. Home Based Care and Support is an important activity carried out by a social worker.
Highlight **five** components of this activity. (5 Marks)
2. Explain the meaning of the following terms as used in Home Based Care.
 - a) Network (2 Marks)
 - b) Referral (2 Marks)
3. Outline **three** needs of an orphan in home-based care and support. (3Marks)
4. Identify **four** areas in which home-based care activities are provided. (4 Marks)
5. One of the participants in home based care is the patient. Mention **three** roles of such a patient (3 Marks)
6. State **four** factors that may hinder the process of community mobilisation. (4 Marks)
7. Describe the following components of Home Based Care.
 - a) Clinical care (2 Marks)
 - b) Nursing care (2 Marks)
8. Nutrition has been recognised as a major lifestyle factor in health promotion and is important in the prevention and management of chronic diseases. Mention **three** components of a balanced diet. (3 Marks)
9. Personal care and companionship services are one type of home based care. State five services offered under this type of care. (5 Marks)
10. Highlight **five** benefits of networking in home-based care and support. (5 Marks)

SECTION B: (60 MARKS)

(Answer any THREE questions in this section)

11. a) Explain **five** objectives of Home-Based Care services (10 Marks)
b) Discuss **five** physical needs of patients during Home Based Care and Support programs. (10 Marks)
12. Good nutrition is essential for maintaining strength and the body's immune system. Attention to nutrition should begin as soon as the person is diagnosed with a disease.
a) Explain **five** factors that may influence nutrition. (10 Marks)
b) Explain **five** roles of health care workers in home-based care and support programs (10 Marks)
13. Home-based care is provided to patients in their communities. Communities are therefore required to initiate and sustain activities that support it.
a) Explain **five** benefits of community mobilization to Home Based care and Support programs. (10 Marks)
b) Mobilizing the community for home-based care services can be done in a variety of ways. Explain **five** different ways of mobilizing the community into Home Based Care programs. (10 Marks)
14. To effectively provide Home-based care, there are certain resources that are needed. These resources are required at every level of the home-based care continuum.
a) Describe **five** resources required in Home Based Care and Support. (10 Marks)
b) Explain **five** reasons for referral of a client to Home Based Care. (10 Marks)