



PAN AFRICA CHRISTIAN UNIVERSITY

BACHELOR OF ARTS IN COUNSELING

END OF TERM EXAMINATION May – July 2017

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING

COURSE CODE: COU 3222

COURSE TITLE: GROUP COUNSELING

TIME: 3 HRS

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- **Answer Question ONE and any other THREE Questions out of the Four provided.**

Section I: Question is (COMPULSORY) (30 MARKS)

Question 1

- a) Discuss any two advantages of group counseling (4 Marks)
- b) Distinguish between an open and a closed group (4 Marks)
- c) Explain the impact the group facilitator's personal power has on group members (4 Marks)
- d) Group Counseling can be seen as a Christian concept. Using examples, justify this statement (6 Marks)
- e) Analyze any three group goals for members from a Gestalt perspective (6 Marks)
- f) Examine three ways of identifying a group operating at stage four of group development (6 Marks)

Section II: Answer any THREE questions in this section.

(30 MARKS)

Question 2

- a) Contrast counseling in the group and counseling with the group (6 Marks)
- b) Describe any two roles of a group counselor (4 Marks)

Question 3

The Nyumba Kumi chair man in your area has requested you to hold a group counselling session for the residents. The goal is to help them deal with ethnic animosity being perpetrated by political leaders in your county.

- a) Formulate the process of forming the group (6 Marks)
- b) Illustrate how you will deal with resistance during third stage of the group process (4 Marks)

Question 4

- a) Explain any three ethical considerations a group counselor needs to communicate to the clients before and during the group process (6 Marks)
- b) Demonstrate how empathy is applied in group counseling (4 Marks)

Question 5

- a) Evaluate how any three therapeutic factors by Yalom facilitate change in group members (6 Marks)
- b) Describe the role of a protagonist in Psychodrama (4 Marks)