



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

SEPT – DEC 2024 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU 4312

COURSE TITLE: PSYCHOLOGY OF ADOLESCENTS

EXAM DATE:

DURATION: 3 HOURS

TIME: 6.00 PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (20 MARKS)

Question 1

- a) Explain the word “adolescence” as used in developmental studies. (2 Marks)
- b) Discuss **ANY TWO** positive relationships within a family that contribute to good behavior among adolescent population. (4 Marks)
- c) Explain **TWO** ways adolescent peer relationships are considered critical in support of their development. (4 Marks)
- d) Describe **ANY TWO** of Erikson’s rhetoric questions synonymous with adolescent population. (4 Marks)
- e) Analyze the **THREE** main etiologies to adolescent behavior problems. (6 Marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 MARKS)

Question 2

- a) Explain **ANY TWO** ways religion is important to adolescent population development. (4 Marks)
- b) Justify in **THREE** ways why adolescent population experience sex behavioral problems. (6 Marks)

Question 3

- a) Contrast between adolescent male and female socialization. (4 Marks)
- b) Examine **ANY THREE** ways media influences adolescent behavior. (6 Marks)

Question 4

- a) Discuss **ANY TWO** reasons adolescents are rejected or accepted by peers. (4 Marks)
- b) Describe **ANY THREE** issues the marked increase in hormone causes to adolescents. (6 Marks)

Question 5

- a) Explain **ANY TWO** milestones **Ericson** says should be realized at Intimacy **Vs** Isolation stage. (4 Marks)
- b) Describe the **THREE** indicators of moral development in human growth. (6 Marks)



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SEPT – DEC 2024 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: UCC 202

COURSE TITLE: HEALTH AND SOCIAL ISSUES

EXAM DATE:

DURATION: 3 HOURS

TIME: 6.00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (20 MARKS)

Question 1

- a) Explain **ANY TWO** factors that influence an individual's health. (4 marks)
- b) Distinguish between preventive and protective behavior to health matters. (4 marks)
- c) Discuss **ANY TWO** ways relationships affect health. (4 Marks)
- d) Examine **ANY TWO** ways the attitude affects an individual's health. (4 Marks)
- e) Describe **ANY TWO** ways stress affects health. (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 MARKS)

Question 2

- a) Evaluate **ANY TWO** mental disorders women who are exposed to discrimination manifest. (4 marks)
- b) Discuss **ANY THREE** health benefits married people experience all factors remaining constant. (6 Marks)

Question 3

- a) Explain **ANY TWO** personal determinants that affect one's health. (4 marks)
- b) Discuss **ANY THREE** health differences in male and female gender. (6 Marks)

Question 4

- a) Distinguish between nature and nurture. (4 Marks)
- b) Describe in **ANY THREE** ways low income/socioeconomic status affect health. (6 Marks)

Question 5

- a) Determine **ANY TWO** mechanisms that promote positive health. (4 Marks)
- b) Describe **ANY THREE** measures used in mitigating stress. (6 marks)