PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF MASTER OF ARTS COUNSELLING PSYCHOLOGY

JAN-APR 2025

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCP 603

COURSE TITLE: GROUP COUNSELLING

EXAM DATE:

TIME:

INSTRUCTIONS

- This Exam accounts for forty (**40**) per cent of your total grading.
- The Exam has two sections – Section A and B.
- Section A has a compulsory question that carries **Twenty (20)** marks. Attempt all the sections.
- Section B has **five** (**5**) questions, each carrying **Ten** (**10**) marks. You are required to answer any **two** (**2**).

SECTION A: ATTEMPT ALL THE SECTIONS OF THIS QUESTION. TOTAL MARKS TWENTY (20).

Question One

a) Evaluate group counselling process and its effectiveness. (4 marks)
b) Describe a Christian theological understanding of Group Counselling. (4 marks) spread the marks
c) Critically discuss any two theoretical techniques in group counselling. (4 marks)
d) Explain four tasks to be addressed during group counseling termination stage (4marks)
e) Describe any two key concepts of person-centered theory. (4 marks)

PART B: ANSWER ANY THREE QUESTIONS FROM THIS SECTION. EACH QUESTION CARRIES 10 MARKS.

Question Two

a) Describe at least three challenges that could be experienced by group facilitators in initial stage. (6 marks)
b) With illustrations discuss how at least two of these challenges may be dealt with. (4 marks)

Question Three

a). Discuss two roles of theoretical models in an effective group counselling process. (4 marks).

b). Using illustrations, discuss the first three developmental patterns that occur during the life of a normal group counseling according the person-centered approach. (6 marks)

Question Four

a) Explain two roles of goals in guiding credible group counselling process. (2 marks)
b) Discuss ways a group leader can resolve the following ethical and professional dilemmas in the process of group counselling.
   i. A member engages in joking but thinly veiled threats against another member? (2marks)
   ii. A member comes to the group intoxicated or high? (2 marks)
   iii. A member asks the leader out socially? (2 marks)
   iv. A group member breaks confidentiality? (2 marks)

Question Five

Describe the role of the following leadership skills in a group counselling.

a) Suggesting. (2 marks)
b) Protecting. (2 marks)
c) Modelling. (2 marks)
d) Giving feedback. (2 marks)
e) Initiating. (2 marks)