



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**

MAY-AUGUST 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU3223

COURSE TITLE: ALCOHOL & SUBSTANCE ABUSE

EXAM DATE: WEDNESDAY 14th AUGUST 2019

DURATION: 2 HOURS

TIME: 9:00AM-11:00AM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- **This Exam Script has TWO (2) Sections.**
- **Section “A” is COMPULSORY.**
- **Answer any THREE questions from section “B”**
- *ALL PAC University’s examination rules and regulations apply*

SECTION A: COMPULSORY: Attempt all the Questions. Total marks 40

QUESTION ONE:

Mutiso has been sent to you by his office for counseling as they suspect he has addiction problems. As you assess him you find that he is on level two of the chemical use continuum.

- a) Explain what drug abuse is (2 Marks)
- b) Name the three faces of substance abuse (6 Marks)
- c) Describe the behavior of those on level two continuum (2 Marks)
- d) Identify and explain any two elements necessary to diagnose alcoholism or drug addiction (4 marks)
- e) During assessment which 3 factors will you use to determine that Mutiso has a problem (6 Marks)
- f) Identify any two factors that influence an individual's recreational substance use (4 Marks)
- g) State any two effects of alcohol on the average drinker at intoxicating levels (4 Marks)
- h) Distinguish between prescription drugs and other drugs bought freely in the pharmacy (4 Marks)
- i) Name the four stages of addiction (8 Marks)

SECTION B: Answer any three questions. All questions carry equal marks.

QUESTION TWO:

- a) Giving at least five examples discuss the cost of addiction in Kenya and (10 marks)
- b) Describe any five medical complications associated with the chronic use of alcohol (10 marks)

QUESTION THREE:

- a) Discuss the psychological and physical effects of cannabis on an individual (10 marks)
- b) The effects of Miraa on the human reproductive system (10 Marks)

QUESTION FOUR

Explain the following:

- a) Chemical addiction (5 Marks)
- b) Drug tolerance (5 Marks)
- c) Describe any five side effects of caffeine (10 Marks)

QUESTION FIVE

a) Describe any three screening tools giving any one advantage of each (paper & pencil tests) that you can use to help detect individuals who might have a substance use problems **(12 marks)**

b) Describe any two ethical dilemmas a counselor may face during intervention **(8 marks)**