



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF LEADERSHIP, BUSINESS AND TECHNOLOGY
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN BIBLE AND THEOLOGY
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
SEPTEMBER – DECEMBER 2017

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU3223

COURSE TITLE: ALCOHOL AND SUBSTANCE ABUSE

EXAM DATE: TUESDAY 5th DECEMBER 2017

TIME: 9.00AM-12.00PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **All questions in Section A** and **Two** questions from **section B**

Section A: Compulsory; attempt ALL questions (30 Marks)

QUESTION 1

- a. Define the following terms:
 - i. Addiction (2 marks)
 - ii. Co-dependency (2 marks)
 - iii. Tolerance (2 marks)
- b. Distinguish between hallucination and delusion as used in addiction (4 marks).
- c. Discuss any three characteristics of a client in pre-contemplation stage of change (6 marks).
- d. Explain any four emotional roles adapted by a family with substance abuse client (8 marks).
- e. Enlist four ethical principles that an addiction counsellor should observe (4 marks).
- f. Give any two signs of alcohol withdrawal (2 marks).

Section B: Attempt TWO questions from this section (30 Marks)

Question 2

- a. Distinguish between moral model and medical model of addiction treatment (6 marks).
- b. Discuss how a therapist may provide counselling using motivational interviewing to a substance abuse client (3 Marks).
- c. Explain any three roles of aftercare for a client discharged from a treatment facility (6 marks).

Question 3

- a. Discuss three major effects of alcohol to the developing foetus (9 marks).
- b. One of the principles of addiction treatment states that “ Treatment does not have to be voluntary to be effective” Discuss (6 marks).

Question 4

- a) Explain any three therapeutic roles of the family of an addict under treatment (6 marks).
- b. Discuss any three stages of addiction process (9marks).

Question 5

- a) Discuss the role of dopamine in substance use (6 marks).
- b) Briefly discuss the role of family therapy in substance abuse (6 marks).
- c). One of the core competences of a substance abuse counsellor is to work in consultation with other professionals. Explain (3 marks).