



PAN AFRICA CHRISTIAN UNIVERSITY

MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY

END OF TERM (SEPTEMBER - NOVEMBER 2015)

EXAMINATION

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING

COURSE CODE: MCA600

COURSE TITLE: Child and Adolescent Abnormalities

EXAM DATE: Thursday 26th November 2015

TIME: 5.30Pm – 8.30Pm

INSTRUCTIONS

- Read all questions carefully before attempting.
- Answer question ONE and any other TWO:
- Write your **student number** on the answer booklet provided.

Section 1: Compulsory

(20 Marks)

Question 1:

- a) Discuss four (4) characteristics of attachment by John Bowlby (4 Marks)
- b) Differentiate with examples what you understand by secure attachment, anxious avoidant attachment and anxious resistant attachment (6 Marks)
- c) What is play therapy and how can play therapy assist in restoring a depressed child in middle childhood? (5-7 years) (10 Marks)

Section II

(50 MARKS)

ANSWER ANY TWO QUESTIONS

Question 2:

- A. Discuss why it is necessary to take a developmental psychopathology approach to understanding child and adolescent abnormalities. (5 Marks)
- B. With an example, differentiate between externalizing disorders and internalizing disorders. (4 Marks)
- C. With an example discuss how you would counsel an adolescent who presents with:
 - i. Externalizing disorder (8 Marks)
 - ii. Internalizing disorder. (8 Marks)

Question 3:

- A. Assess **four** (4) characteristics/symptoms of the following:
 - i. Attention deficit disorder in children/adolescents (4 Marks)
 - ii. Hyperactive disorder in children/adolescent (4 Marks)
- B. Explain the medical and psychological interventions of attention deficit and hyperactivity disorders. (7 Marks)
- C. How would you strengthen the use of:
 - i. Psychological intervention of ADHD (4 Marks).
 - ii. Give reasons why you may prefer psychological intervention over medical intervention (6 Marks).

Question 4:

A. Discuss your understanding:

a. Oppositional defiant disorder (6 Marks)

b. Conduct disorder (6 Marks)

Note:

Your discussion should also highlight the similarities and differences between the two

B. Describe two (2) causal factors of:

a. Oppositional disorder (3 Marks)

b. Conduct disorders (3 Marks)

C. The Cohesive family model and Behavioural model/techniques can be used by a counselor to treat oppositional defiant disorder and conduct disorders.

Briefly discuss one of the methods using (either the family or behavioural model) and show how it helps in treating a child. (7 Marks)

Question 5:

A. Discuss characteristics/symptoms of **ONE** of the following disorders.

i. Anxiety and Depression in children and adolescent

ii. Symptom disorders namely: Enuresis, Encopresis, and Sleepwalking

iii. Pervasive Development Disorder

iv. Learning Disability and Mental Retardation.

Note: Each question carries equal marks (9 Marks)

B. List the causal factors of the disorder you choose in A above. (6 Marks)

C. Discuss the treatment intervention of the disorder in B above (10 Marks)

MERRY CHRISTMAS AND A HAPPY 2016