



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

**END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN
COUNSELING PSYCHOLOGY**

MAY – AUGUST 2021 TRIMESTER

CAMPUS: ONLINE EXMINATION

COURSE CODE: MCP 501

COURSE TITLE: FUNDAMENTALS OF COUNSELING PSYCHOLOGY

EXAM DATE:

DURATION: 3 HOURS

TIME: 5.30 to 8.30PM

INSTRUCTIONS

Read the instructions and questions carefully before you write the answers.

Write your STUDENT NUMBER in the Answer Booklet given

This Exam has TWO SECTIONS

SECTION ONE is Compulsory.

SECTION TWO *Choose Any TWO Questions*

Write clearly and legibly.

SECTION ONE

QUESTION ONE

- a) Critically analyze three (3) qualities of an effective Counselor (6 Marks)
- b) Discuss two (2) special roles played by Counseling Psychologists in their work with clients. (4 Marks)

SECTION TWO

QUESTION TWO

- a) Citing relevant examples, explain three (3) core conditions of a therapeutic environment according to Carl Rogers. (6 Marks)
- b) Discuss how childhood experiences may contribute to maladaptive behaviors according to psychoanalytic theory. (4 Marks)

QUESTION THREE

- a) Theories form the bedrock for counseling. Discuss. (4 Marks)
- b) Describe three (3) non-verbal skills in the counseling relationship (6 Marks)

QUESTION FOUR

- a) Critically analyze three (3) things that a counselor should do during the extended exploration stage of the counseling process (6 Marks)
- b) Discuss two characteristics you would consider when developing counseling goals with a client (4 Marks)

QUESTION FIVE

- a) Describe three (3) ethical and professional issues in the counseling profession (6marks)
- b) Discuss in details two (2) roles of counseling supervision (4 marks)



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MAY – AUGUST 2021 TRIMESTER

CAMPUS: ONLINE EXMINATION

COURSE CODE: MCP 604

COURSE TITLE: ADDICTIONS AND SUBSTANCE USE DISORDERS

EXAM DATE:

DURATION: 3 HOURS

TIME: 5.30 to 8.30PM

INSTRUCTIONS

Read the instructions and questions carefully before you write the answers.

Write your STUDENT NUMBER in the Answer Booklet given

This Exam has TWO SECTIONS

SECTION ONE is Compulsory.

SECTION TWO Choose Any ***TWO*** Questions

Write clearly and legibly.

SECTION ONE

QUESTION ONE

- a) Critically analyze three (3) risk factors contributing to the high prevalence of drug and substance abuse in Kenya. (6 Marks)
- b) Discuss two (2) clues and symptoms of alcohol and drug abuse. (4 Marks)

SECTION TWO

QUESTION TWO

Addiction is a progressive disease. Citing relevant examples, explain five (5) stages of addiction including facts about each stage. (10 Marks)

QUESTION THREE

- a) Articulate two (2) elements of psychosocial assessment you would put into consideration when assessing for Alcohol and Drug Abuse. (4)
- b) Describe three (3) treatment approaches for Alcohol and Drug Abuse (6 Marks)

QUESTION FOUR

- a) Analyze three (3) types of rehabilitation programs (6 Marks)
- b) Discuss how you would counsel a client on relapse prevention and aftercare. (4 Marks)

QUESTION FIVE

- a) Citing relevant examples, explain two (2) classifications of drugs. (4 Marks)
- b) Discuss how you would help a tobacco addict to quit smoking. (6 Marks)