



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

**END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN
COUNSELING PSYCHOLOGY**

JANUARY – APRIL 2022 TRIMESTER

CAMPUS: ONLINE EXMINATION

COURSE CODE: COU3213

COURSE TITLE: INTRODUCTION TO FAMILY THERAPY

EXAM DATE: APRIL 5, 2022

DURATION: 3 HOURS

TIME: 11:00AM to 14:00

INSTRUCTIONS

Read the instructions and questions carefully before you write the answers.

This Exam has TWO SECTIONS

SECTION ONE is Compulsory.

SECTION TWO Choose Any **TWO** Questions

Write clearly, legibly, and proof read your work to ensure that you have answered all the questions.

SECTION ONE: Answer Question ONE

(20 Marks)

QUESTION ONE

- a) Discuss three (3) characteristics of an effective marriage and family therapist. (6 Marks)
- b) Describe two ways that this course has changed your view of family therapy? (4 Marks)

Use the following case study to answer question

Jay 43, and Kay 40 years have been married for the last two five years. The couple is seeking medical help after failing to have a baby within the first four years of their marriage. Jay has been told that, although she is very fertile at her age, she might not conceive due to her thin uterine lining (i.e., Thin Endometrial Lining). Before they got married, the couple had agreed to have five children.

After consulting a fertility clinic, the couple was found to be fertile and they were advised to consider using a surrogate mother to get a baby. They have extracted two viable embryos using an ovum from Jay and a sperm from Kay. Jay does not want to extract more eggs given the physical stress she often experiences during the extraction process.

Luckily, the couple has identified a potential surrogate mother. In the meantime, Jay claims that the money is not the issue but the implications of surrogacy to her as a woman. Her husband Kay, on the other hand, is feeling frustrated because Jay insists on trying to conceive naturally despite having tried in vain in the past coupled with her advancing age. Their doctor has told them that she has this year to try surrogacy. At 44 years, her chances of giving birth through surrogacy are fast diminishing.

- c) Use any of the following theories: Satir, Bowen, or Narrative Therapy to explore/assess:
 - i. The main presenting issue for Jay. (6 Marks)
 - ii. The underlying issue leading to Kay's frustration. (4 Marks)

SECTION TWO

QUESTION TWO

- a) Explain two key differences between the First Order Change and the Second order Change. (4 Mark)
- b) Critique three key reasons why you would prefer to use the Circumplex Model to work with families presenting with behavioural problems. (6 Marks)

QUESTION THREE

- a) Analyze two potential moral implications that parental divorce may have on their adult children. (4 Marks)
- b) Identify three implications that young children from blended families are likely to present in family therapy. (6 Marks)

QUESTION FOUR

- a) Demonstrate three reasons why you would use Narrative Therapy with a client from a marginalized group. (6 Marks)
- b) Explain two distinct differences between family therapy and individual therapy. (4 Marks)

QUESTION FIVE

- a) Explore three ways that The Satir Model can be applicable in a multicultural setting. (6 Marks)
- b) Identify four reasons that might hinder some family members to agree to come for family therapy. (4 Marks)

ENJOY THE EASTER HOLIDAY AS A FAMILY