



PAN AFRICA CHRISTIAN UNIVERSITY
END OF SEMESTER EXAMINATION FOR THE DEGREE
OF BACHELOR OF ARTS IN COUNSELING

MAY – JULY 2017

CAMPUS: ROYSAMU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3233

COURSE TITLE: GROUP COUNSELING

EXAM DATE: MONDAY 24th JULY 2017

TIME: 5:30PM-8:30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your student number on the answer booklet provided.
- Answer all the Questions in section A and In Section B answer Question TWO and any other **Question.**

SECTION A: Answer all the Questions

QUESTION 1

- a. Explain the following terms as used in group counseling (6 Marks)
 - i. Group cohesion
 - ii. **Consolidation**
 - iii. Altruism
- b. Differentiate between open and closed groups. (4Marks)
- c. Defend the statement, "Group work is God's idea." (6 Marks)
- d. Anxiety is a characteristic of the transition stage in group counseling. Explain what causes this anxiety. (6 Mark)
- e. Explain what could happen if termination is not done well. (4 Marks)
- f. State two reasons that could make you **NOT** consider a client for group Counseling. (4 Marks)

SECTION B: Answer Question TWO and any other ONE

QUESTION 2

Madam Wakapi is the Academics Dean in Wakabegi boys high school. Some teachers have complained to her about poor performance of some boys in form two. She has invited you as a counselor to counsel them together in a group as a client to improving their performance.

- a) Identify any possible types of group counseling you might use with the group. (3 **Mark**)
- b) Identify the ethical issues that may arise with this group and explain how you will address them. (6 Marks)
- c) Outline Madam Wakapi's role in this process. (6 Marks)
- d) Briefly explain your role in this process. (5 Marks)

QUESTION 3

- a. Group counselling theories are very important because they define the therapeutic interaction of the group leader and the members; and various techniques used to bring about growth in group members.
Using Gestalt theory describe any **THREE** core concepts and discuss **THREE** techniques used for group counseling. (12 Marks)
- b. Identify four ways Group Counseling facilitates behavior change in group members. (8 Marks)

QUESTION 4

- a. Discuss any **FIVE** guidelines to multicultural group counseling. (10 Marks)
- b. Identify any **FIVE** personal characteristics necessary for an effective group counselor. (10 Marks)

QUESTION 5

- a. Trust is foundation for the group to experience cohesiveness and proceed on to the working stage. Briefly illustrate how a group leader can **maintain** trust. (8 Marks)
- b. Demonstrate how Yalom's Therapeutic Factors facilitate therapeutic process in group counseling by using any **SIX** of his factors. (12 Marks)

