



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR THE
DEGREE OF BACHELOR OF ARTS IN COUNSELING**

MAY-AUGUST 2017

CAMPUS: VALLEY ROAD

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3323

COURSE TITLE: MULTICULTURAL COUNSELING

EXAM DATE: MONDAY 24TH JULY 2017

TIME: 5.30PM-8:30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- This exam paper has **Two** sections **A & B**
- Section **A** is compulsory, Answer Any **Two** Questions in section B

SECTION A – Answer All Questions (30marks)

QUESTION ONE

- a) Define the following terms (8marks)
 - i) Cultural diversity
 - ii) Ethnic identity
 - iii) Micro aggressions
 - iv) Sexual minority
- b) Illustrate the three dimensions in the multidimensional model of cultural competence in counselling.(6marks)
- c) Describe the three barriers to multicultural diversity and therapy. (6marks)
- d) Compare and contrast the communication and structural approaches in multicultural counselling. (10marks)

SECTION B – Answer Any Two Questions (30marks)

QUESTION TWO

- a) Explain the five stages of the minority development model.(10marks)
- b) Discuss the ethical responsibilities of a multicultural counselor. (5marks)

QUESTION THREE

According to the African worldview:

- a) What is the meaning of life? (3marks)
- b) Describe the social structure of an African family. (4marks)
- c) Compare and contrast four religious meanings and concept of God in the traditional and biblical perspective.(8marks)

QUESTION FOUR

Gender is a major issue in regard to health seeking behavior:

- a) Identify and explain the gender that is typically more open to seeking psychological help.(3 marks)
- b) Illustrate two traditional rules of masculinity(4marks)
- c) Elaborate any four guidelines you would consider in order to effectively assist men and women struggling with restrictive emotions.(8marks)

QUESTION FIVE

Sultan fled his country Somalia in search of safety. He has been in Dadaab refugee camp for two years. UNHCR has chosen Sultan and some young men to go to Canada for resettlement and studies.

- a) Explore any three issues that are likely to be presented to you by sultan. (6marks)
- b) Discuss any three guidelines considered by a therapist when dealing with refugees. (6marks)
- c) Differentiate between refugees and immigrants. (3marks)