



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTER OF ARTS IN MARRIAGE & FAMILY THERAPY
MAY-AUGUST 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: MFT600

COURSE TITLE: MULTICULTURAL FAMILY THERAPY

EXAM DATE: TUESDAY 13th AUGUST 2019

DURATION: 3 HOURS

TIME: 5:30PM-8:30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- **Answer ALL Questions in Section A and any other TWO questions from Section B**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: Answer ALL questions (20 marks)

QUESTION ONE

- a) Identify two challenges introduced by immigrants into Kenyan population to therapeutic practice (4 marks)
- b) Outline two ways classifications of psychopathologies in the DSM IV or V pose a challenge to multicultural counselling (4 marks)
- c) Explain one advantage and one disadvantage of labeling (4 marks)
- d) Describe in two points how credibility of a therapist ought to be in a therapeutic relationship (4 marks)
- e) Discuss two ways modern day racism differs from what it was in the past (4 marks)

SECTION B: Answer any TWO questions (20 Marks)

QUESTION TWO

- a) Outline two reasons persons of color are more likely to terminate therapy midway after initial contact (2 marks)
- b) Explain in two points what is meant by ethnic minority status (4 marks)
- c) Discuss two ways nonverbal communication is significant in a therapeutic session (4 marks)

QUESTION THREE

- a) Distinguish between White American and African American relational dimensions (2 marks)
- b) Outline two differences in treatment approach between cultural universality and cultural relativism (4 marks)
- c) Discuss two essential areas to be incorporated for multicultural therapy to be effective (4 marks)

QUESTION FOUR

- a) Outline any two cultural competences of a multicultural therapist (2 marks)
- b) Explain two ways a Christian therapist can be biased against sexual orientation despite denial of the same (4 marks)

- c) With reference to a tripartite development of personal identity, explain the individual level that, “All individuals are, in some aspects, like no other individual.” (4 marks)