



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

**END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN
COUNSELING PSYCHOLOGY**

JANUARY– APRIL 2022 TRIMESTER

CAMPUS: ONLINE EXMINATION

COURSE CODE: MCP 604

COURSE TITLE: ADDICTIONS AND SUBSTANCE USE DISORDERS

EXAM DATE: APRIL 11TH

DURATION: 3 HOURS

TIME: 6.00 PM to 8.00 PM

INSTRUCTIONS

Read the instructions and questions carefully before you write the answers.

Write your STUDENT NUMBER in the Answer Booklet given

This Exam has TWO SECTIONS

SECTION ONE is Compulsory.

SECTION TWO Choose Any ***TWO*** Questions

Write clearly and legibly.

SECTION ONE

QUESTION ONE

1. John Doe is a 40 years old man who has been abusing alcohol for the last 15 years. He is unemployed and he spends most of his time with his friends who are also alcoholics. He has been to three different rehabilitation programs but currently he is still using drugs. The longest time he stayed clean apart from when he was in the rehab was three weeks. John Doe lost his mother when he was twenty five years old. He is currently separated from his wife because of repeated fights and conflicts.
 - a) Discuss two factors that might have contributed to John Doe's addiction. (4 Marks)
 - b) Articulate three elements of psychosocial assessment you would put into consideration when assessing John Doe. (6 Marks)

SECTION TWO: Answer two questions from this section

QUESTION TWO

2.
 - a) Citing relevant examples, discuss two (2) characteristics of the risk taking stage of addiction. (4 Marks)
 - b) Explain three (3) intervention measures you can take to support a client who is struggling with severe withdrawal symptoms. (6 Marks)

QUESTION THREE

- a) Mathias has been admitted in a residential rehabilitation program for the last three month. He is about to be discharged and has been referred to you for relapse prevention counseling. Articulate how you would help Mathias to stay clean and avoid relapse. (6 Marks)
 - b) Analyze any two (2) factors you need to consider when choosing a residential program to refer your clients (4 Marks)

QUESTION FOUR

- a) Describe three (3) elements of a holistic treatment approach for Alcohol and Drug Abuse (6 Marks)
 - b) Articulate any three (3) types of rehabilitation programs addictions and substance abuse (6 Marks)

QUESTION FIVE

- a) Citing relevant examples, explain two (2) effects of gambling addiction. (4 Marks)
- b) Discuss how you would help a tobacco addict to quit smoking. (6 Marks)