



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (SEPT-DEC 2021)

CAMPUS: ONLINE

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: MCP 501

**COURSE TITLE: FUNDAMENTALS OF COUNSELLING
PSYCHOLOGY**

DATE: Monday 20th Dec 2021

TIME: 5.30-8.30 pm

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Section A is Compulsory**
- **Answer any TWO questions in Section B**

SECTION A (COMPULSORY)

Question one

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|---|-----------|
| a) Explain any two functions of theories in counseling | (4 marks) |
| b) Discuss any two factors that determine counselors effectiveness | (4 marks) |
| c) Illustrate with two examples how a counselor can act as a change agent | (4 marks) |
| d) Analyze any two responsibilities of a counselor | (4 marks) |
| e) Explain two roles of informed consent in a counseling relationship | (4 marks) |

Section B Answer any Two Questions

Question Two

- a) "Illustrate with examples any three unhealthy reasons for becoming a counselor (6 marks)
- b) The counsellor is a therapeutic person" Discuss the above statement. (4 marks)

Question Three

- a) *"A client may not remember much of what you said during the first session, but they remember how you made them feel based on your non-verbal behaviours."*
Critique the above statement showing the importance of non- verbal skills in counseling (4 marks)
- b) Illustrate the importance of multicultural awareness in counselling (4 marks)
- c) Discuss any two important aspects to consider when terminating a counseling relationship (2 marks)

Question Four

- a) Explain any three aspects you would consider important when establishing a counseling center (6 marks)
- b) Discuss any two reasons why self- disclosure should not be a "whole nine yard story" (4 marks)

Question Five

- a) Discuss any three special features of a counseling relationship (6 marks)
- b) Illustrate with examples two skills used in any two specific stages of a counseling relationship (4 marks).