



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF
ARTS COUNSELLING PSYCHOLOGY
JANUARY-APRIL 2021

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2332

COURSE TITLE: CLINICAL SUPERVISION I

EXAM DATE: 15th APRIL 2021

TIME: 2HRS: 6pm – 9pm

INSTRUCTIONS

- Read the questions carefully before attempting.
- The Exam has two sections – Section A and B.
- Section A has a compulsory question that carries **Twenty (20)** marks. Attempt all the sections.
- Section B has **Four** (4) questions, each carrying **Ten (10)** marks. You are required to answer any **two** (2).
- Only the first two questions from section B attempted on your answer booklet will be marked. If you do not wish that to happen, cancel any answers you do not wish marked.

ALL PAC University's examination rules and regulations apply

SECTION A: THE QUESTION IN THIS SECTION IS COMPULSORY AND CARRIES TWENTY (20) MARKS.

1. Self-awareness is necessary for successful and ethical practice. Outline in at least two paragraph, how each of the following played a role in enhancing your self-awareness during your Practicum I delivery
 - a) Debriefing with colleagues
 - b) Supervision
 - c) POTT reflection
 - d) Personal therapy
 - e) Sitting with clients during sessions (4 marks each)20marks

SECTION B: ANSWER ANY TWO (2) QUESTIONS FROM THIS SECTION. EACH QUESTION CARRIES 10 MARKS.

2. Therapy does not happen in a vacuum. It is colored by the personhood, culture and spirituality of the therapist.
 - a) Apart from praying for yourself and for your clients, describe how your spirituality influenced how you attended to your clients. 2 Marks
 - b) Discuss one positive personal factor you found helpful in promoting your success towards giving therapy to your clients. 2 Marks
 - c) Identify two negative personal factors you realized you needed to address if you were going to succeed as a therapist. 2 Marks
 - d) Explain how you have addressed each of the signature themes you mentioned in (c) above. 4 Marks
3. Understanding clients' behavior plays a big role in planning successful interventions.
 - a) Outline circumstances that could be involved in creating the following types of clients:
 - i) Reluctant clients
 - ii) Resistant clients
 - iii) Dependent clients (2 marks each)6 marks
 - b) Analyze how you would put measures in place to respond to an unethical client. 4 marks
4. Therapists need to aim at promoting growth in their clients. Often clients are vulnerable to their therapists because they come from experiences that have led to brokenness.
 - a) Explain the characteristics of an unethical client. 2 marks
 - b) Show two ethical needs of a therapist that can create a dependent client. 4 marks

- c) Apply an ethical strategy that can enable dependent clients to gain capacity for independence in the execution of their own life. 4 marks
- 5. Clients' notes writing is a treasured activity in counselling.
 - a) Explain any two roles of good client notes. 4 Marks
 - b) Analyze three merits of one style of client notes presentation. 6 Marks