



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR CERTIFICATE IN
COUNSELLING PSYCHOLOGY**

JANUARY – APRIL 2022

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: CCOU0119

**COURSE TITLE: INTRODUCTION TO THEORIES OF
PERSONALITY**

EXAM DATE: MONDAY 4TH APRIL 2022

TIME: 2:30PM – 5:30PM

INSTRUCTIONS:

- Read the instructions and questions carefully before you start the examination.
- Write your **student number**.
- This exam has FIVE questions. Answer **QUESTION ONE** and any other **TWO** questions from section B.
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (20 MARKS)

QUESTION 1

- a) Explain Learned helplessness using an example. (2marks)
- b) Analyze any TWO personality types according to Alfred Adler. (4marks)
- c) Explain any TWO themes that shapes people's behavior according to George Kelly. (4 marks)
- d) Discuss any TWO factors that ensures the success of learning according to Bandura. (4 marks)
- e) Examine THREE drawbacks of external locus of control from a biblical perspective. (6marks)

SECTION B: Answer any TWO questions from this section 10 Marks each.

QUESTION 2

- a) Demonstrate how the following stages according Erikson may affect one's personality:
 - i) Identity vs Role confusion (2marks)
 - ii) Intimacy vs Isolation (2marks)
- b). Analyze THREE models of observational learning according to Bandura. (6marks)

QUESTION 3

- a) Show FIVE ways Maslow described how people satisfy various personal needs. (5marks)
- b) Highlight FIVE ideas of the Individual Psychology by Alfred Adler. (5marks)

QUESTION 4

- a) Demonstrate any TWO ways an individual can have internal locus of control. (4 marks)
- b) Analyze the Structure of personality according to Sigmund Freud. (6marks)

QUESTION 5

- a) Differentiate between Positive Reinforcement and Negative Reinforcement. (4marks)
- b) Examine THREE traits of sensation seeking. (6marks)