



PAN AFRICA CHRISTIAN UNIVERSITY

CAMPUS: ONLINE

DEPARTMENT: COUNSELING PSYCHOLOGY

DEGREE: MASTER OF ARTS IN COUNSELLING PSYCHOLOGY

COURSE CODE: MCP 502

COURSE TITLE: THEORIES OF PERSONALITY

DATE: APRIL 2024

TIME: 6.00pm -9.00 pm

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Section A is Compulsory**
- **Answer any TWO questions in Section B**

SECTION A (Compulsory)

Question One

- Explain in two ways how Erick Erikson's and Sigmund Freud's theory of personality differ from each other. (4 marks)
- Describe the first three levels according to Abraham Maslow's Hierarchy of needs (6 marks)
- Differentiate in two ways higher needs from the lower needs according to Abraham Maslow. (4 marks)
- Using examples, distinguish between positive and negative reinforcement. (4 marks)
- Analyse any two child-rearing practices that can thwart the drive for self-actualization . (2 marks)

SECTION B Answer any two questions

Question Two

- a) Explain any three characteristics of self-actualized people. (6 marks)
- b) Examine any two effects of society's Models according to Albert Bandura's Social

Learning Theory (4 marks)

Question Three

- a) Describe the oral and anal stages of Sigmund Freud's Psychosexual development. (4 marks)
- b) Explain any three activities that characterize an adult fixated at:
 - i) Oral incorporative phase. (3 marks)
 - II) Anal retentive phase. (3 marks)

Question four

- a) Using two examples differentiate between fixed interval schedule and fixed ratio schedule. (4 marks)
- b) Describe Pavlov's classical-conditioning experiment with dogs showing how he extinguished conditioned responses. (6 marks)

Question Five

- a) Describe any three childhood stages of psychosocial development and show the effects of various parental behaviours on the possible outcomes at each stage. (6 marks)
- c) Explain two reasons why individuals can sink into despair according to Erick Erickson's psychosocial theory. (4 marks)