



DEPARTMENT OF PSYCHOLOGY

END OF SEMESTER EXAMINATIONS MAY - AUGUST 2023

COURSE CODE: CCOU 118

COURSE TITLE: INTRODUCTION TO ETHICS & PROFESSIONAL ISSUES

LECTURER: BETH N. NJOROGÉ

EXAM DATE:

EXAM TIME:

DURATION: 3HRS

INSTRUCTIONS:

- Read the instructions and questions carefully before you start the examination.
- This question paper has Six questions. Answer **QUESTION ONE** and any other **Two** questions from section B.
- TIME: 2 HRS
- Write clearly and legibly
- ALL PAC University's examination rules and regulations apply

SECTION A: COMPULSORY (20 MARKS)

QUESTION 1

- (i) Explain the following terms as used in counseling profession:
- a) Confidentiality (2 Marks)
 - b) Autonomy (2 Marks)
 - c) Informed consent (2 Marks)
 - d) Ethics (2 Marks).
- (ii) Discuss any three instances that might lead to breach of confidentiality during therapy. (6 Marks)
- (iii) Explore any two reasons for observing ethical guidelines in therapy. (4 Marks)

SECTION B: Answer any Two questions from this section (20 MARKS).

QUESTION 2

- a) Discuss any three ways that a counselor can manage the following in a counseling process:
- i) dual relationship (3 Marks)
 - ii) multiple relationships (3 Marks).
- b) Discuss any two core conditions in therapeutic relationship by Carl Rodgers (4 Marks).

QUESTION 3

- a) Describe any two circumstances that would prompt a counselling psychologist to refer a client. (4 Marks)
- b) Discuss any three moral principles that guide ethical decision making in counseling practice. (6 Marks)

QUESTION 4

- a) Explain any two benefits of record keeping in a counseling clinic. (4 Marks)
- b) Describe any three characteristics of an effective counselor. (6 Marks)

QUESTION 5

- a) Discuss how you would proceed with a client who is a lesbian or gay as Christian counsellor. (4 Marks)
- b) Discuss any two important issues a counselor must consider before making a self-disclosure in a therapy session. (6 marks)