



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE BACHELOR OF ARTS IN
COUNSELING PSYCHOLOGY
JANUARY - APRIL 2025**

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3323

COURSE TITLE: MULTICULTURAL COUNSELING

EXAM DATE:

TIME:

INSTRUCTIONS

- Read all questions carefully before answering.
- Write your **student number** on the space provided.
- Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

SECTION A – Answer all Questions (20 marks)

QUESTION ONE

A). Differentiate between the following terms as used in multiculturalism and give an appropriate example for each:

- i) Multicultural Counseling and multicultural competence. (4 marks)
- ii) Culture and World view. (4 marks)
- iii) Spirituality and Religion. (4Marks)

B) Discuss the concept of microaggression and how you will address it as a Christian Counselor. (2 marks)

C). Analyze any three reasons why multicultural competence is valuable to a counselor (6 marks)

SECTION B: Answer any two questions (20 Marks)

QUESTION TWO

After your graduation at PACU, you are hired by an organization whose motto is equality in diversity

- i) Discuss any two principles of multicultural counseling that you need to keep in mind as you work for this organization. (4 marks)
- ii) Examine any three diversity issues that you may encounter as you serve in this organization. (6 marks)

QUESTION THREE

- i) Articulate two ways you would deal with personal biases in counseling. (4 marks)
- ii) Discuss how you would apply any three ethical guidelines, as you work with diverse clients. (6 marks)

QUESTION FOUR

Your supervisor asks you to see a client who has been to therapy twice without any progress. On contacting the most recent counselor, you learn that the client is always resistant to therapy.

- i) Analyze any two characteristics that this client might exhibit. (4 marks)

- ii) Discuss how you would apply any three multicultural counseling skills to work with this client. (6 marks)

QUESTION FIVE

Giving a relevant example for each, demonstrate how you would apply the following multicultural competencies in counseling:

- a) Attitudes and Beliefs. (2 marks)
- b) Cultural humility. (2 marks)
- c) Knowledge. (2 marks)
- d) Diversity. (2 marks)
- e) Skills. (2 marks)