



PAC INSTITUTE OF TECHNOLOGY AND SOCIAL STUDIES

MAY – AUGUST 2025 ASSESSMENT

FORMATIVE ASSESSMENT

Course : COUNSELING PSYCHOLOGY

Unit Code : PSY/OS/CO/CR/10/6

Level : 6

Unit of Competency : CHILD COUNSELLING [JAN 25]

WRITTEN ASSESSMENT

TIME: 3 HOURS

INSTRUCTIONS TO THE CANDIDATE:

- 1. Read all the instructions carefully before attempting the questions.*
- 2. This paper consists of two sections, A & B.*
- 3. You are allowed 3 Hours to Answer the questions.*
- 4. Marks for each question are indicated in brackets.*
- 5. Write your responses in the Separate Answer booklet provided.*
- 6. Do not write anything on this question paper.*

SECTION A: (40 MARKS)

Attempt ALL questions in this section.

1. Enumerate four importance's of child counselling. (4marks)
2. During pre-operation stage, children portray various characteristics. Describe any four characteristics according to Jean Piaget. (4 marks).
3. Highlight four criteria's a counsellor needs to consider while selecting toys for play therapy (4marks)
4. List four ways in which children differ from adults (4 marks.)
5. Identify four roles of a child counsellor (4 marks)
6. Outline four categories of children toys that can be used on play therapy as used in child counselling. (4 marks).
7. Highlight the four Stagean Peaget. (4 marks.)
8. Identify four types of emotions a child can display during counselling. (4 marks)
9. List four instances that can lead to you as a Counsellor to refer a client. (4 marks).
- 10 Outline four things that can make a Counsellor breach confidentiality. (4 marks).

SECTION B: (60 MARKS)

Answer any THREE questions in this section.

1. Child counselling requires a counsellor to use a wide range of techniques to ensure the success of the therapy. This is mainly because children are unique and possess different abilities.

a) Explain five of them. (10 marks)

(b) Jane aspires to become a child Counsellor, briefly explain some attributes and qualities to enable run the therapy sessions with children. Dress some of the qualities you need to have. (10 marks)

2. During this are families and children are faced with many issues some are life threatening and others can be manageable,

a) Explain five causes of day-to-day problems in children. (10 marks)

(b) Briefly explain five children's issues that requires child counselling. (10 marks)

3. Erick Erickson describes eight stages of child development, from infancy to adult hood. In each stage there are experience and psychosocial crises both positive and negative. Discuss all the eight stages of personally development according to Erikson. (16 marks)

b) Explain any four virtues that are inculcated in those stages. (4 marks).

4. Melvin a ten-year-old boy lost his both parents in a road accident. Since then, he was left under the care of his aunt who's is mum's sister. After some time, the aunt notices some abnormal behaviors from Melvin like social withdrawal, poor performance, lack of sleep and many others His aunt decided to take Melvin to a child therapist.

a) Briefly a discuss five steps of child counselling from start to end that Melvin's therapist would follow. (10 marks.)

b) Discus five signs and symptoms that would lead the aunt to take Melvin for counseling. (10 marks).