



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

JANUARY-APRIL 2019 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU4133

COURSE TITLE: GENDER STUDIES IN COUNSELLING

EXAM DATE: MONDAY 15th APRIL 2019

DURATION: 3 HOURS

TIME: 2:00PM-5:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer question ONE and any other TWO questions**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

QUESTION ONE: COMPULSORY (40 marks)

- a) Differentiate the term gender from sex (4 marks).
- b) Using two examples distinguish gender roles from sex roles (6 marks).
- c) Define the term gender mainstreaming (2 marks).
- d) “Gender preferences develop, evolve and change as time passes”. Citing 5 examples, discuss this statement (10 marks).
- e) Discuss five reasons why it is important to allocate client the preferred gender of counsellor in therapy (10 marks).
- g) Identify any five factors that make both male and female therapists effective in therapy (5 marks).
- h) Explain the importance of gender analysis in organisations (3 marks).

QUESTION TWO

- a) Discuss the gender schema theory showing its influence in the socialisation process (10 marks)
- b) Discuss any five strategies used for gender mainstreaming in society (10 marks)
- c) Discuss the usefulness of gender mainstreaming strategies in alleviating client’s challenges (10 marks)

QUESTION THREE

- a) Discuss any five types of discrimination (10 marks)
- b) Explain any five causes of gender discrimination (10 marks)
- c) Demonstrate any five measures you would take to reduce gender discrimination (8 marks)

QUESTION FOUR

- a) Discuss any five benefits of economically empowering women (10 marks)
- b) A 40 year old man comes for therapy. He states that he has no say in his homestead. He lost his job three months ago and is not able to meet the needs of his family. Discuss any five issues you would focus on in therapy (10 marks).
- c) You have been invited into a chief’s meeting to psycho educate people on gender issues. Highlight any five issues you would bring to the attention of your audience (10 marks)

QUESTION FIVE

- a) “Gender shapes power.” Discuss this statement in relation to the influence of gender on power in families (10 marks).
- b) A client comes for therapy and clearly states that they would like to be counselled by a therapist of their gender. As an intake counsellor explain whether and why it would be necessary to allocate clients their preferred gender (10 marks).
- c) Illustrate five ways in which the 2010 Kenyan constitution promotes gender equality (10 marks)