



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING**

JANUARY-APRIL 2017

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3223

COURSE TITLE: Substance Abuse

EXAM DATE: TUESDAY 4th APRIL 2017

TIME: 5.30PM – 8.30PM

INSTRUCTIONS

- Attempt **ALL** questions from **section A**
- Attempt **TWO** questions from **section B**
- Read all questions carefully before attempting

SECTION A: Compulsory; attempt ALL questions (30 Marks)

Question 1

- a. Define the following terms:
 - i. Tolerance (2 marks)
 - ii. Hallucinogen (2 marks)
 - iii. Half-life (2 marks)
- b. Differentiate between drug absorption and drug distribution (5 marks)
- c. Describe the procedure of dealing with alcohol withdrawal syndrome. (3 marks)
- d. Using examples, discuss how you would integrate your Christian faith in a counseling context with a drug addict. (8 marks)
- e. Discuss the relationship between addiction and economy of your country. (8marks)

SECTION B: Attempt TWO questions from this section (30 Marks)

Question 2

- a. Outline six items of the 12 steps of Alcoholics Anonymous (AA). (3 marks)
- b. Discuss how a therapist may provide counseling using cognitive behavior therapy to a chronic bhang user. (6 Marks)
- c. Explain how psychoactive drugs interact with the central nervous system of the drug user. (6 marks)

Question 3

- a. Outline a diagnosis criteria for substance abuse disorder. (8 marks)
- b. Describe the characteristics of alcohol addiction. (7 marks)

Question 4

- a) Distinguish between stimulants and depressants. (4 marks)
- b) Discuss the factors that may affect drug absorption. (6 marks)
- c) Recommend how you would help a parent of a teenager to deal with her son already hooked to cigarettes. (5 marks)

Question 5

- a) Describe addiction treatment using behavioral approach. (5 marks)
- b) Discuss the unique effects of steroids on the sportsmen. (5 marks)
- c) Evaluate the effectiveness of using the medical model in addiction treatment. (5 marks)