



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTER OF ARTS IN MARRIAGE & FAMILY THERAPY
SEPT-DEC 2020

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT509

COURSE TITLE: CHILD & ADOLESCENT DEVELOPMENT

EXAM DATE: 18TH DEC. 2020

TIME: 2.30-5.30

DURATION: 3HRS

INSTRUCTIONS

- Write your **student number** on the answer booklet provided.
- Read the questions carefully before attempting.
- This Exam accounts for thirty (30) per cent of your total grading. The exam will be marked out of **50** and then worked out of **30**.
- The Exam has two sections – Section A and B.
- Section A has a compulsory question that carries **Twenty (20)** marks. Attempt all the sections.
- Section B has **five (5)** questions, each carrying **Ten (10)** marks. You are required to answer any **three (3)**.
- Only the first **three** questions from section B attempted on your answer booklet will be marked. If you do not wish that to happen, cancel any answers you do not wish marked.

ALL PAC University's examination rules and regulations apply

SECTION A: ATTEMPT ALL THE SECTIONS OF THIS QUESTION. TOTAL MARKS TWENTY (20).

SECTION A:

1. Neufeld argues that children are born intrinsically wired to mature. In other words, all factors of maturation are potentially predisposed to happen.
 - a) Explain how this assertion positions therapists to view children's developmental needs differently. 4 marks
 - b) Describe three areas of potential maturation in a child. 6 marks
 - c) Discuss the following processes of maturation as proposed by Neufeld:
 - i) Adaptation 5 marks
 - ii) Integration 5 marks

PART B: ANSWER ANY THREE QUESTIONS FROM THIS SECTION. EACH QUESTION CARRIES 10 MARKS.

2. In defending the need to protect maturation process of the children to the parents and teachers of a school you have been invited to:
 - a) Describe the brain's action in defending against vulnerability too much to bear. 4 marks
 - b) Outline to the audience how this defense against vulnerability inhibit maturation. 6 marks
3. Attachment has been seen as the womb of maturation. Articulate the role of the following stages of attachment:
 - a) Attachment through sameness.
 - b) Belonging and loyalty.
 - c) Attachment through love.
 - d) Attachment through significance.
 - e) Attachment through being known. 10 marks
4. Polarization of attachment explains the unfortunate state of peer orientation among teenage children.
 - a) Show how it steals children from the custody of parents. 4 marks
 - b) Discuss disabling reactions parents in Kenya would have towards this phenomenon. 3 marks
 - c) Give reasons for the above reactions of parents you have cited. 3 marks
5. The support of the pricing of attachment as a major key to healthy development comes from the various benefits.

- a) Discuss three significant role of attachment in facilitating a healthy child relationship to those that are responsible of them. 6 marks
- b) Describe two common childhood problems that results defense against vulnerability due to failure of attachments. 4 marks

6. Neufeld has discussed a way of protecting children from being stuck and a method of working with stuck kids.

- a) Explain the following keys that provide protective measure against vulnerability.

- i) The satiation key

- ii) The security key

4 marks

- b) Discuss the following strategies of working with stuck ones.

- i) Engaging the attachment instincts.

- ii) Protecting the relationship.

- iii) Creating a village of attachment.

6 marks