



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (JAN-APRIL 2024)

CAMPUS: ONLINE

DEPARTMENT: COUNSELING PSYCHOLOGY

DEGREE: MASTER OF ARTS IN COUNSELLING PSYCHOLOGY

COURSE CODE: MCP 501

COURSE TITLE: FUNDAMENTALS OF COUNSELLING

DATE: APRIL 2024

TIME: 6.00pm -9.00 pm

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Section A is Compulsory**
- **Answer any TWO questions in Section B**

SECTION A (Compulsory)

QUESTION ONE

- a) Describe any three special features of a counselling relationship (6 marks)
- b) Discuss any two factors to consider when terminating a counselling relationship (4 marks)
- c) Explain the two categories of skills that a counsellor can use in counselling clients (4 marks)
- d) Critically examine any three factors that determine a counsellor's effectiveness (6 marks)

SECTION B Answer any two questions

QUESTION TWO

- a) Explain in three ways why theories are important in counseling. Cite relevant theories as examples (6 marks)
- b) Illustrate in two ways how Person Centred Theory views human nature (4 marks)

QUESTION THREE

- a) An institution that's about to start counselling services has invited you to give professional advice on keeping clients records. Explain any two recommendations that the institution needs to take. (4 marks)
- b) Jane has just launched her children. She spends most of her time in the house. She has talked to her friend who suggested that she takes a course in counselling and later establish a counselling office to keep her busy. From an ethical point of view examine in three ways Janes motive for becoming a counsellor (6 marks)

QUESTION FOUR

- a) Discuss any two ethical issues that a counselor needs to observe in counseling. (4marks)
- b) Demonstrate any three competences that counselors need to have while counseling special populations, youth, and various gender. (6 marks)

QUESTION FIVE

- a) Analyse any three features of stage one (relationship building) in a counselling relationship. (6 marks)
- f) Explain any two skills you would use in (a) above stage of counselling (4 marks)

