



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
SEPTEMBER – DECEMBER 2017

CAMPUS: VALLEY ROAD

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU4323

COURSE TITLE: PREMARITAL COUNSELING

EXAM DATE: TUESDAY 5th DECEMBER 2017

TIME: 5.30PM-8.30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer Question ONE and any other THREE Questions out of the Four provided.

Section I: Question is (COMPULSORY) (30 MARKS)

Question 1

- a) Define Marriage
 - i) Marriage (2mks)
 - ii) Attachment (2mks)
 - ii) Attraction (2mks)
- b) Describe five principles of a Christian marriage as drawn from Gen 2:18-23. (10mks)
- c) Discuss the four attachment styles in relationships (8mks)
- d) Mary who is a born again Christian is relating with a man who has been divorced for a year. Her pastor says he cannot marry them in church unless they wait for 6 more years the period required before they can do a church wedding. As a therapist:
 - i) . What issues would you discuss in premarital counselling with them? (3mks)
 - ii) What options do they have for their marriage to be legal? (3mks)

Section 2: Answer any 3 questions (30 MARKS)

Question 2

- a) Discuss 6 qualities of a good premarital programme discussed in class. (6mks)
- b) Explain 4 issues cognitive behavioural therapy (CBT) focuses on in premarital and marital therapy. (4mks)

Question 3

- a) Discuss three things that necessary for development of a relationship. (6mks)
- b) Describe two birth orders according to Adler and their effects on a marriage relationship. (4mks)

Question 4

- a) Discuss 3 reasons why premarital counselling is valuable (6mks)
- b) Explain two factors that cause attraction as young people consider marriage partners. (4mks)

Question 5

- a) Distinguish between the yes/yes view and no/no view of marriage and divorce. (6mks)
- b) Describe your own view of divorce and remarriage and support with a scripture. (4mks)