



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE CERTIFICATE IN COUNSELING
PSYCHOLOGY**

**MAY - AUGUST 2021 SEMESTER
COURSE CODE: CCOU0119
COURSE TITLE: INTRODUCTION TO THEORIES OF PERSONALITY
DATE: 23 AUGUST 2021
DURATION: 3 HOURS
TIME: 2.00 P.M**

INSTRUCTIONS:

- Read the instructions and questions carefully before you write the answers.
- This Exam has TWO SECTIONS.
- **SECTION A** is Compulsory.
- Answer any **TWO** questions in **SECTION B**

SECTION A : COMPULSORY (20 MARKS)

QUESTION ONE

- a) Explain the following terms:
 - i) Oedipus complex (2 Marks)
 - ii) Catharsis (2 Marks)
- b) Demonstrate any two factors that influence personality. (4 Marks)
- c) Describe any two philosophical issues on which personality theories can be compared. (4 Marks)
- d) Discuss any two characteristics of a fully functioning person according to Rogerian theory. (4 Marks)
- e) Explain two ways that your Christian values affect your personality. (4 Marks)

SECTION B : ANSWER ANY TWO (2) QUESTIONS

QUESTION TWO

- a) Explain any two causes of threat in Construct Theory. (4 Marks)
- b) Analyze any three ways in which birth order can affect personality development as described by Alfred Adler. (6 Marks)

QUESTION THREE

- a) Compare and contrast the following as described in Carl Jung's Analytical theory:
 - i) Neurosis and self-realization (2 Marks)
 - ii) Introversion and Extraversion (2 Marks)
- b) Discuss three characteristics of self-actualized persons in Maslow's theory. (6 Marks)

QUESTION FOUR

- a) Elaborate any two stages of creative development according to Rollo May. (4 Marks)
- b) Discuss any three defense mechanisms in psychoanalytic theory. (6 Marks)

QUESTION FIVE

- a) Discuss how any two archetypes affect personality. (4 Marks)
- b) Explain any three psychosocial stages of development. (6 Marks)