



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

SEPTEMBER-DECEMBER 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3313

COURSE TITLE: SPIRITUAL RESOURCES IN COUNSELLING

EXAM DATE: THURSDAY 6TH DECEMBER 2018

DURATION: 3 HOURS

TIME: 9:00AM-12:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer question 1 and any other THREE questions**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (40 MARKS)

- 1a) Explain the importance of supervision in counselling practice (8 marks)
- b) Differentiate emotional from decisional forgiveness (4 marks)
- c) Identify any five indicators of mature religion according to Lovenger (1996) (5 marks)
- d) Explain the importance of dealing with religious/spiritual transference (7 marks)
- e) Analyse any five spiritual /religious technics in counselling (10 marks)
- f) Explain the importance of assessing a client's faith background in therapy (6 marks)

SECTION B: ANSWER ANY THREE QUESTIONS

- 2a) Discuss any two case scenarios you may present for supervision in counselling (10 marks)
 - b) Discuss any five markers of religious pathology according to Lovenger (1996) (10 marks)
 - 3a) Discuss the following contexts for assessing spirituality/religion in clients
 - i) Religiously committed clients (5 marks)
 - ii) Spiritually committed clients (5 marks)
 - iii) Externally religious clients (5 marks)
 - iv) Non spiritual/non-religious clients (5 marks)
 - v) Clients hostile to religion (5 marks)
 - b) Explain why it is important to assess the above contexts in therapy (5 marks)
 - 4a) Explain the importance of using a spiritual genogram as an assessment tool in counselling (10 marks)
 - b) Identify two strengths and two limitations of using a spiritual genogram in as a tool of assessment (5 marks)
 - c) Identify five areas you would include in your own spiritual life map (5 marks)
 - 5a) Discuss any four ethical issues that a counsellor should consider while integrating spirituality into counselling practice (12 marks)
- Fr. Michael is a Catholic priest and licensed clinical psychologist. He conducts both pastoral counseling as well as professional psychological therapy. He works out of his parish office. A client discloses to him that she has harmed her child by severely hitting the youngster. Fr. M. informs the client that he is a mandated child-abuse reporter as a licensed psychologist and thus must break confidentiality and call child protective services; however, the client angrily retorts that everything she says should be kept in confidence since she is confessing her sin of abuse to a priest under the sacrament of reconciliation.*
- b) Explain how Father Michael could have avoided this ethical dilemma (8 marks)
 - 6a) Explain any five basis of forgiveness according to the Bible (10 marks)
 - b) Discuss any five reasons why it is important for clients to practice the act of forgiveness

(10 marks)