

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/09/6

Provide Child Counselling

July/August 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

INSTRUCTIONS TO THE VERIFIER

1. Read the following excerpt and brief the clients on expected emotional and behavioural expression as per the excerpt.

INSTRUCTIONS TO THE PERSON ACTING AS THE CLIENT

1. Rehearse the following excerpt, which captures the content of what you will present to the counsellor in a simulated situation where you act as a client.
2. You have 10 minutes to rehearse
3. Client 1: Mother
4. Client 2: Child

EXCERPT

David, an 8-year-old boy in Grade Two at Uchumi Academy, has recently started displaying aggressive behaviour at school—pushing other children, shouting at teachers, and refusing to do classwork. His academic performance has dropped drastically, and he appears withdrawn.

His mother reports that she recently separated from David's father, who is now married and lives with a new wife. The father splits his time between the two homes. David has two sisters, aged 6 and 2 years, respectively. He feels that life was happier and more comfortable before the separation, until the parents began shouting at each other almost every evening.

David reports that neither parent uses alcohol or drugs, but his father can sometimes be violent. He feels that no one seems to understand him—including his parents and his teacher, who he says is only occasionally friendly. He also feels torn between his two parents, who now live separately. He has been brought in by his mother to receive child counselling services.